



[www.southglos.gov.uk/recycling](http://www.southglos.gov.uk/recycling)

## MYTH

Recycling is a waste of time as it all goes to landfill anyway.

## FACT

Recycling protects the environment and reduces the cost of waste disposal for council tax payers. Sorting your recycling means everything can be re-used, with less waste to landfill.



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## MYTH

Recycling uses more energy than it saves.

## FACT

Using recycled materials to make new things uses much less energy than new raw materials, including any transportation.

**For example,** recycling aluminium cans saves up to 95% of the energy needed to make new cans from raw materials!





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## MYTH

Rinsing out recyclables is a waste of water and energy.

## FACT

Recycling needs to be clean before it can be re-used. Just use your old washing up water to rinse out bottles, jars, tubs and cans. They don't need to be spotless, but every little helps.



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## MYTH

It doesn't matter if I put the wrong things in my recycling as it all gets sorted out anyway.

## FACT

We keep items separate in our vehicles so they can be sent straight on to different places to be recycled.





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## MYTH

Supermarkets are doing nothing much to reduce packaging.

## FACT

Everyone needs to play their part and more supermarkets are doing their bit to reduce waste and packaging. Wasted food has a much bigger environmental impact than packaging, because of the energy and natural resources used in processing, transporting, storing and cooking it.



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## MYTH

Councils are making money out of the materials we recycle.

## FACT

Some materials have value when they are recycled, some of it costs us to dispose of. Recycling as much as you can helps to keep the cost of waste and recycling service down, making it better value for money and a better environment.