

to see our advice worker. Specialist advice on Welfare benefits and general advice on other matters including Debt & Employment.

0117 951 5751 (NBAC office number NOT One Stop Shop) team@northbristoladvice.org.uk

Further information is available at www.northbristoladvice.org.uk

- **Kingsmeadow Community Flat** provides a Welfare and Benefit Advice Service – appointments only. Call to speak with/leave a message with Catherine call 0775 705 6687 or email: kingsmeadow.community.flat@outlook.com
A range of other client-centred support services to help tackle unemployment, isolation and emotional health issues, for individuals, families and young people facing multiple challenges.
19 Barrington Close, Kingswood BS15 4QD
0117 904 8425 / www.kingsmeadowflat.org.uk

Services

- **Job Centre Plus**
Provides support to obtain a job and benefits advice.
0345 6043719 / www.gov.uk/contact-jobcentre-plus
- **Library services**
Cadbury Heath Library provide free internet access. For opening times and locations phone 01454 868006 or online www.southglos.gov.uk/leisure-and-culture/libraries
- **Bristol Centre for Sustainable Energy – fuel poverty advice**
3 St Peter's Court, Bedminster Parade, Bristol BS3 4AQ 0117 9341400
- **Cadbury Heath Children's Centre, Earlstone Crescent**
Provides support for families with children.
01454 862974
- **Citizens Advice Bureau**
Monday's 11am - 2pm at Juice.
03444 111 444 / www.southgloscab.org.uk

- **Carers Support Centre**
Vassall Centre, Gill Avenue, Fishponds, Bristol BS16 2QQ 0117 9392562
- **Christians against poverty (CAP)**
The debt counselling centre run in conjunction with CAP offers regular courses on money management. To book contact CAP's Centre Manager on 0753 090 0957 or for more information visit www.christchurchdownend.com/debt-conselling-and-money-management
- **Guys and Dolls luncheon club**
Cadbury Heath Hall, School Road BS30 8AA - every Wednesday
- **Housing & Support Access Service**
www.southglos.gov.uk
Short term at-home housing support for those at risk of homelessness. Includes bidding for properties shown on line on Fridays. Bids can be placed on line, by phone or in the One Stop shop.
- **Pennywise / Cashpoint**
phone email, online, referral, debt, budgeting
0117 3178800 / cashpoint@1625ip.co.uk
- **The Batch**
Providing support for adults to gain confidence and enhance social skills and self-worth with its employability club and IT/digital support on: Tuesdays 10:00am to 1:00pm, Fridays 10:00am-1:00pm, Contact Jackie Freeman to book or for more information 0117 9610155.
- **Wellaware**
Information on health and wellbeing services, support organisations, activities and groups in Bristol, South Gloucestershire, Bath & North East Somerset, North Somerset and Somerset
www.wellaware.org.uk

Cadbury Heath Food Plus Centre

Juice Community Project

Emergency food is available for local communities in short term crisis of food supply at:

Juice Community Project 56-60 Newton Road
Cadbury Heath BS30 8EL

The Food Store is open Thursdays 10am – 2pm.

To receive help and food you will need to have a Food Store voucher, you can get one if you fit the requirements and can get them at:

Merlin Housing (Kingswood Housing) and Citizens Advice Bureau.

If you have any questions email info@Juicecic.com



South Gloucestershire Council Welfare Grant Scheme 01454 868002

You may be able to get some help if you are:

- in a crisis
- in an emergency
- in receipt of certain benefits
- are on a very low income,
- live in South Gloucestershire
- looking for a home in South Gloucestershire

For more information visit

www.southglos.gov.uk/advice-and-benefits/welfare-rights-and-financial-advice/welfare-grant-scheme/

One Stop Shops

There are four One Stop Shops in South Gloucestershire, the One Stop Shops can help you with advice on:

- housing and council tax benefits
- homelessness and housing waiting lists
- housing services
- community care
- grants
- and much more

Contact us on 01454 868002 or for more information visit www.southglos.gov.uk/council-and-democracy/customer-services/one-stop-shop-clinics-and-surgeries/

The nearest One Stop Shop in Cadbury Heath is:

Kingswood One Stop Shop, Civic Centre, High Street, Kingswood BS15 9TR

Opening times:

- Monday to Wednesday 8.45am to 5.00pm, Thursday and Friday 8.45am to 4.30pm
- For emergencies outside of normal office hours, please call: 01454 868 009.

Contact details

- **Barnados**
Verona House, Filwood Road, Fishponds, Bristol, BS16 3RY
0117 937 5500
- **Bristol Food /Soup Kitchens**
60 Bath Road, Longwell Green, Bristol BS30 9DG
0117 2033183 / info@bristolsoupruntrust.org.uk
- **British Redcross**
Emergency support to people in crisis, refugee and asylum services, emergency support following house fires and displacement and home from hospital support - 35 Broad Street, Staple Hill, Bristol BS16 5LP 0117 9702810
- **Homeless UK**
Helping search of emergency and short term accommodation and other relevant information
www.homelessuk.org
- **Refugee rights Bristol**
Bristol Refugee Rights, Assisi Centre, Lawford's Gate, Bristol BS5 0RE 0117 9080844
- **Salvation Army**
Staple Hill, Staple Hill Citadel Corps, Broad Street, Staple Hill, Bristol BS16 5LN
0117 956 9733 / contactus@staplehillcitadel.com
- **Shelter**
New Bond House, Bond Street, Bristol BS2 8RG
0344 5151414
- **South Gloucestershire Home Choice Team**
Support on all aspects of homelessness, housing advice and allocation
01454 868005 / www.southglos.gov.uk

Useful numbers

- **ACAS**
Help and advice for employees
0300 123 1100 / www.acas.org.uk
- **Age UK South Gloucestershire**
Provide support for older people.
01454 411707
www.ageuk.org.uk/southgloucestershire
- **Bristol Mind for better mental health**
0117 980 0370 / www.bristolmind.org.uk
- **Migrant Legal Project**
Offers publicly funded and not-for-profit advice and representation
0117 911 3393 / www.immigrantlegalproject.com
- **Samaritans Freephone 116 123**
Bristol branch 0117 980 0370 / www.samaritans.org
- **South Gloucestershire Talking Therapies**
self-referral to psychological therapies for support with low mood, anxiety and depression
0117 378 4270 / <https://iapt-sglos.awp.nhs.uk>
- **Support for Domestic Abuse (Survive)**
0117 961 2999 free 24hr national domestic violence helpline 0808 2000 247 / info@survivedv.org.uk
- **Support for Drug and Alcohol dependency (DHI)**
01454 868750 or free from landline or call 0800 0733011
- **Womankind Bristol**
Provides women in the Bristol area with free or affordable professional counselling, psychotherapy and ongoing support.
0845 458 2914 / www.womankindbristol.org.uk
- **North Bristol Advice Centre**
Provide free, professional, confidential advice, information and representation to the communities of North Bristol and South Gloucestershire. We hold Wednesday Drop In sessions at the One Stop Shop, Kingswood Civic Centre, High Street, Kingswood, Bristol, BS15 9TR 9.30am - 12.00 pm for registration