

Best Start in Life: Early Help Strategy for Children, Young People and Families

Resources for Knowledge and Skills Framework

Priority 1: Early understanding of the diverse needs of children, young people, and families

Timely identification of need by partners and communities to prevent problems before they develop or at the earliest possible stage. Having conversations with families, building on their capacity and empowering them to support their children and young people to achieve positive outcomes. Understanding how protected characteristics (as defined within the Equality Act 2010) may impact on the likelihood of need.

Face to Face Training Offer	Introduction to Child Protection Advanced Child Protection Advanced Child Protection update All Signs of Safety Training Attachment Trauma and Recovery Autism Bitesize exploitation workshop Bitesize MARAC workshop Bitesize Thresholds workshop Capturing the views and wishes of disabled children Deaf Awareness Epilepsy Awareness Female Genital Mutilation (FGM) Fraud Prevention and Cyber Awareness Webinars Fundamental Wellbeing First Aid Managing Challenging Conversations and conflict training Mental Capacity Act (MCA) for Childrens Services Mental Health Mental health training and development courses 2023/24 Bitesize mental health and wellbeing training Professional Curiosity	Safeguarding disabled children Signs of Safety - Bitesize session - Finding family Networks Signs of Safety Awareness for Partners Signs of safety- Bitesize session - Building on families strengths Signs of Safety in Practice for Partners Signs of Safety: Creating safety/wellbeing plans with families Signs of Safety: Words and Pictures The Record Business Total Respect Training for childminders Training for Early Years Trauma Awareness and Recovery for Ambassadors Trauma informed Working confidently with gender and identity Working with Parents through Child Exploitation Working with victims of Child Exploitation – skills and Practice Youth Mental Health
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	Race Awareness Raising Awareness of Child Exploitation Resilience Lab	
E learning	Reducing Parental Conflict - complete Modules 1-3 Safeguarding partnership e learning <ul style="list-style-type: none"> • Level 1 safeguarding everyone • Level 2 safeguarding children. • FGM (abuse linked to faith or belief) • Awareness of Domestic Violence and Abuse • A person Centre Approach • Managing Challenging Conversations • Attachment Theory • Early Child Development – Foundation • Equality and Diversity in Social Care 	<ul style="list-style-type: none"> • Modern Slavery and Trafficking • Person Centred in Social Care • Radicalization and Extremism (Prevent) • Safeguarding in Education • Safer Recruitment • Self Harm • Understanding Domestic Abuse Training • Understanding the Impacts of Hate Crime • Understanding the Impacts of the Trio of Vulnerabilities • Working with Children with Learning Difficulties and Disabilities
South Gloucestershire Local Area provision Services / Procedures /Guides/Information	Best Start In Life CAPO – Children Affected by Parental Offending Community Learning and Skills Service Community Welcome Spaces Early Help Community Networks Newsletter Financial Support Find Information for adults, children and families Healthy Child Programme Schedule of Interventions Guide Managing Conflict Mapping Tool – Early Help Mental health training and development courses 2023/24 Bitesize mental health and wellbeing training School Holiday and Food Programme (HAF) South Glos Mental Health and Wellbeing - Directory of Services for Children and Young People - NHS BNSSG ICB South Glos Parents and Carers South Gloucestershire Safeguarding Children’s Partnership South Glos Youth Network Support with mental health and wellbeing for children	

	BNSSG Trauma Informed System – Knowledge and Skills Framework Families in Focus Sway Families in Focus Happy Parent, Happy Child
Online Resources	Anxiety Toolkit - Sleep Toolkit Adolescence - Sleep Toolkit Children - Sleep Toolkit Special Educational Needs - About Trauma — DIGNIFI - Trauma Informed Practice Adversity and Trauma Resource Library Trello Improving Relationships with SEND Parents Maslow's Hierarchy of Needs - Simply Psychology Social Worker Toolbox Social Worker Toolbox: assessment-parents Start for Life (www.nhs.uk) The National Child Traumatic Stress Network (nctsn.org)

Priority 2: Access to information, advice, guidance, opportunities, support and signposting within the local community

Parents/carers, children and young people are empowered through availability of accessible information about the range of opportunities, advice and support available, including that provided by the community, voluntary and independent sector.

Face to Face Training Offer	Motivational Interviewing Communication: All Signs of Safety Training Capturing the views and wishes of disabled children DNA-V Training: Supporting Inclusions in Schools Eventbrite Managing Challenging Conversations and conflict training Mental Capacity Act (MCA) for Children's Services Networks Child Minder Networks SEND Network Signs of Safety - Bitesize session - Finding family Networks South Glos Parents and Carers South Glos Youth Network	
E learning	Making Every Contact Count – elearning for healthcare (e-lfh.org.uk) Reducing Parental Conflict complete Modules 1-3.	Safeguarding partnership e learning <ul style="list-style-type: none"> • A Person Centre Approach • Managing Challenging Conversations • Attachment Theory • Early Child Development – Foundation • Equality and Diversity in Social Care • Person Centred in Social Care
South Gloucestershire Local Area provision Services / Procedures /Guides/Information	AWP (Avon & Wilshire Mental Health Partnership) Best Start in Life Community Learning and Skills Service Community Welcome Spaces CAPO – Children Affected by Parental Offending Early Help Community Networks Newsletter Enable Trust - Enable Inclusion Team	

	Financial Support Find Information for adults, children and families Mapping Tool – Early Help GP Remedy Board Healthy Child Programme Schedule of Interventions Guide School Holiday and Food Programme (HAF) South Gloucestershire Mental Health and Wellbeing - Directory of Services for Children and Young People South Glos Parents and Carers South Gloucestershire Safeguarding Children’s Partnership South Glos Youth Network Support with mental health and wellbeing for children The SouthGlos Way Inclusion Toolkit The Compass Team
Online Resources	Anxiety Toolkit - Sleep Toolkit Adolescence - Sleep Toolkit Children - Sleep Toolkit Special Educational Needs - Between Us (Relationship App) Happy Parent, Happy Child Improving Relationships with SEND Parents Kooth Off The Record Online Relationship Support Rights of the Child Safety and Security Online SWGfL Good Sentence Starters Sentence Stems Writing Strategies and Sentence Starters

Priority 3: Effective partnership responsibility, response and accountability

Partners work together to offer coherent and integrated Early Help services. Practitioners have the appropriate skills, development and training. Duplication is avoided and resources aligned, in order to get best value for money. Accountability across partner agencies is clear and agreed.

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E learning	Reducing Parental Conflict - complete Modules 1-3 Safeguarding partnership e learning <ul style="list-style-type: none">• Level 1 safeguarding everyone• Level 2 safeguarding children.	<ul style="list-style-type: none">• Modern Slavery and Trafficking• Person Centred in Social Care• Radicalization and Extremism (Prevent)• Safeguarding in Education

	<ul style="list-style-type: none"> • FGM (abuse linked to faith or belief) • Awareness of Domestic Violence and Abuse • A person Centre Approach • Managing Challenging Conversations • Attachment Theory • Early Child Development – Foundation • Equality and Diversity in Social Care 	<ul style="list-style-type: none"> • Safer Recruitment • Self Harm • Understanding Domestic Abuse Training • Understanding the Impacts of Hate Crime • Understanding the Impacts of the Trio of Vulnerabilities • Working with Children with Learning Difficulties and Disabilities
South Gloucestershire Local Area provision Services / Procedures /Guides/Information	<p> Avon & Wiltshire Mental Health Partnership Services Community Learning and Skills Service Community Welcome Spaces Early Help Community Networks Newsletter Enable Trust - Enable Inclusion Team Financial Support Housing Making Every Contact Count Mental health training and development courses 2023/24 Bitesize mental health and wellbeing training School Holiday and Food Programme (HAF) South Gloucestershire Mental Health and Wellbeing - Directory of Services for Children and Young People South Glos Parents and Carers South Gloucestershire Children's Partnership South Gloucestershire Early Help SGCP: Early Help Assessment and Plan South Glos Youth Network Support with mental health and wellbeing for children The South Glos Way Inclusion Toolkit </p>	
	<p> Early Help Poster EHAP Process flow chart Mapping Tool Professionals-The-Compass-Team.pdf (southglos.gov.uk) Threshold Document </p>	

	<u>Understands the role of Preventative services</u>
Online Resources	<u>Anxiety Toolkit</u> - <u>Sleep Toolkit Adolescence</u> - <u>Sleep Toolkit Children</u> - <u>Sleep Toolkit Special Educational Needs</u> - <u>Happy Parent, Happy Child</u> <u>Improving Relationships with SEND Parents</u>

Priority 4: Coordinated planning and provision of support

Services and provision is planned, wherever possible, to be based within communities, making the most of local resources and delivering support at the most local level. All groups and ages, including adolescents and those with mental health needs, have been considered in planning. Smooth transitions are planned at key points in a child/young person's life, including transition to adulthood, between services, between school/settings and between professionals.

Face to Face Training Offer	Community Learning and Skills Service Enable Trust - Enable Inclusion Team - offering training and intensive support for children in primary and secondary settings at risk of permanent exclusion. Behaviour Mental Health SEND Speech and language	
E learning	Oliver McGowan Mandatory training on Learning Disability and Autism Understanding autism - OpenLearn - Open University Young people's wellbeing: 4.1 The resilience model - OpenLearn - Open University Free Neurodiversity Training, Workshops and Online Courses (exceptionalindividuals.com)	
South Gloucestershire Local Area Services / Procedures / Guides / Information	Avon & Wiltshire Mental Health Partnership Services searches on emotional literacy Childrens Centres in South Glos Children and Families services and support Childrens development and behaviour Community Learning and Skills Service Community Children's Health Partnership Community Welcome Spaces Early help Assessment and Plan Early Help Community Networks Newsletter Early Help Strategy	

	<p> EHAP Process Flow Chart Effective Transitions: The South Glos Way Effective Transition Families in Focus South Gloucestershire Council (southglos.gov.uk) Family Hubs Financial Support Healthy Child Programme Schedule of Interventions Guide School Holiday and Food Programme (HAF) South Gloucestershire Mental Health and Wellbeing – Directory of Services for Children and Young People South Glos Parents and Carers South Gloucestershire Childrens Partnership: I am a professional South Glos Early Years Transitions Form South Gloucestershire Population Health Intelligence Portal (PHIP) South Glos Youth Network Support with mental health and wellbeing for children Support for young people leaving care TAC/TAF Guide for Practitioners The South Glos Way Inclusion Toolkit </p> <p> Transitions Leaving Care and Transition Passport to Independence Passport to Independence Guidance Transition Planning between education settings Preparing for adulthood transitions guides Young carers </p>		
	<p> PH Sway Document – see also ‘Promoting Health and Wellbeing in School Settings’ Carers Strategy 20022- 2027 – </p>		
Online Resources	Adversity and Trauma Resource Library (Trello)	BBC CAPE - Neurodiversity	

	Dignifi Happy Parent, Happy Child South Glos: Transitions Assessment and Review Plan	Helen Eaton, Autism Specialist, Author, Neurodiversity at Work Trainer Speech and Language Therapy Toolkit CPFT NHS Trust Speech and Language UK: Changing young lives Emotional Literacy Support Resources from ELSA Support (elsa-support.co.uk)
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Priority 5: Demonstrate a positive impact on the lives of children, young people and families

Outcome measures evaluate progress in achieving outcomes and capture sustainable change. Outcomes demonstrate that services are effective and make a difference to the lives of children, young people and families. Outcome measures include feedback from children, young people and families.

Face to Face Training Offer	The Record Business Capturing the views and wishes of disabled children Signs of Safety Training Courses Systemic Training (Training for South Glos Staff only)	
E learning		
South Gloucestershire Local Area Services / Procedures / Guides / Information	Community Learning and Skills Service Community Welcome Spaces Families in Focus Outcomes Framework Information on childcare and other services for children and young people SGCP Early help. Early help Mapping Tool Early help vision and strategy 2019-2024 South Gloucestershire (southglos.gov.uk) South Gloucestershire Population Health Intelligence Portal (PHIP) South Glos Parents and Carers South Gloucestershire Children's Partnership South Glos Youth Network	
	Families in Focus Sway Families in Focus Customer Feedback (internal)	
Online Resources	Human. Learning. Systems. - Bing video Videos Human Learning Systems Masterclass video Toby Lowe SGCP Voice of the Child Technology Learning Portal Direct Work Tools	

	Signs of Safety Tools SGCP Stakeholder Network Letter SGCP Learning from Practice Strengths Based Working (communication) Create a Form with Microsoft Forms How to use Forms
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