**Wednesday 17 June** – Domestic Violence and Abuse - since lockdown began in March, there have been increased calls and requests for online support to statutory and voluntary services due to the increased stress from forced coexistence, economic stress and fears about the virus. In some cases though, we are aware that individuals are unable to call because their situation is complex and we all need to be vigilant and recognise when someone may not be able to access the help they require and the action to take in those situations.

[DVA Poster](http://sites.southglos.gov.uk/safeguarding/wp-content/uploads/sites/221/2015/07/2082-DVA-A4-Poster-3.pdf)

[Pharmacy Leaflet](http://sites.southglos.gov.uk/safeguarding/wp-content/uploads/sites/221/2015/07/2109-Pharmacy-flyer-A6-Print-v3.pdf)

[Silent Solution](http://sites.southglos.gov.uk/safeguarding/wp-content/uploads/sites/221/2015/07/Silent_solution_guide.pdf)

* <https://www.gov.uk/guidance/domestic-abuse-how-to-get-help>
* [https://www.womensaid.org.uk/covid-19-coronavirus-safety-and-support-resources/](https://urldefense.proofpoint.com/v2/url?u=https-3A__eur01.safelinks.protection.outlook.com_-3Furl-3Dhttps-253A-252F-252Fwww.womensaid.org.uk-252Fcovid-2D19-2Dcoronavirus-2Dsafety-2Dand-2Dsupport-2Dresources-252F-26data-3D02-257C01-257CSHarris-2540somerset.gov.uk-257C477aacf056c74204587108d7f75db983-257Cb524f606f77a4aa28da2fe70343b0cce-257C0-257C0-257C637249854231566028-26sdata-3DgcpcmuzN7bBdo5-252FR48AWWO9NrUo0owT772lj1nBrufk-253D-26reserved-3D0&d=DwMFAg&c=1vnCWTgU_iH2bgveKnHUZ8hJXVq2EkkiN8FwZDwwznM&r=ETe7WtAuw8DnH1oBLMkc__EL5T6qmJurt2cp3GeQYS4&m=tSSs5XaYNtmf_1V0D5FuFzL9YxgAnJpms_8H4JpG_AU&s=9mPiZiPn4ZA4ilaATOW8-9xfrRvzosBKMqxIQDlmoEE&e=)
* <https://www.bava.org.uk/>
* <https://www.youtube.com/watch?v=8_vI_yETmCk&t=9s>
* [https://www.scie.org.uk/care-providers/coronavirus-covid-19/safeguarding/domestic-violence-abuse](https://www.scie.org.uk/care-providers/coronavirus-covid-19/safeguarding/domestic-violence-abuse%20)

**Thursday 18 June** – Cuckooing– where people move into a house having befriended an individual and then take advantage of the situation and take control of the home; this could be to store and sell drugs or for other exploitation.

[Cuckooing](http://sites.southglos.gov.uk/safeguarding/wp-content/uploads/sites/221/2015/07/Cuckooing.pdf)

[Cuckooing Factsheet](http://sites.southglos.gov.uk/safeguarding/wp-content/uploads/sites/221/2015/05/Cuckooing-Factsheet.pdf)

[Fake or Friend](http://sites.southglos.gov.uk/safeguarding/wp-content/uploads/sites/221/2015/05/Friend-or-Fake-Booklet.pdf)

* <https://www.youtube.com/watch?v=6hX58oYMBKA>

**Friday 19 June** – Self Neglect – It is really important that everyone continues to receive help and support as and when they need it. There is a concern that in some case people are neglecting their own wellbeing as they do not want to overburden services or for fear of catching Covid 19. The role of staff and the community at this time is to support people to find safe ways to have their needs met and if they are unsure then to contact the normal routes and ask advice or contact local support groups.