



South Gloucestershire Safeguarding Adults Board and Children's Partnership

Safeguarding Newsletter
July Edition

SAFEGUARDING UPDATE FOR ALL PARTNERS

JULY 2023

July Edition

This July edition of the newsletter is a combined newsletter for both the South Gloucestershire Children's Partnership and the Safeguarding Adults Board. Please share widely within your organisation.

This newsletter, and back copies from the last few months are now available on the website. You can find them all [here](#) on the Children's Partnership site and [here](#) on the Safeguarding Adults Board website.

Spotlight on Training

Bitesize MARAC Workshop – [Book Here](#)

Bitesize Child Exploitation Sessions – [Book Here](#)

Bitesize Thresholds Workshop – [Book Here](#)

Bitesize Self- Neglect Workshops – [Book Here](#)

Full programme of Safeguarding Adults Training is [here](#)

Full programme of Safeguarding Children Training is [here](#)

Could you attend a course and help us to quality assure the learning? Get in touch with [Catherine Charlton](#) if you would like to be involved.



Fraud Prevention & Cyber Awareness Webinars

Fraud is the UK's most experienced crime type. In these webinars, Avon & Somerset Police hope to provide you with the simple steps and basic advice you can not only use to support vulnerable individuals but also to keep yourself safer online.

The aim of this session is to breakdown the stigma associated with fraud and de-bunk cybercrime myths.

Open to all – whether you work with adults or children.

Wednesday 26 July 2023 at 10:00

Monday 14 August 2023 at 13:00

Tuesday 12 September 2023 at 12:00

[Book onto a session here](#)

***BRAND NEW* Request for Help Form**

This brand new referral form was designed and agreed by partners as part of the ART Partnership Forum. It was launched on 3rd July, you will no longer be able to use the old form after 11th September.

Please share widely with your colleagues- the key areas which this form hopes to improve is getting **consent** right, the **child's voice** and identifying the **need not the service.**



Not seen the new Form? Click the picture →

Adults Safeguarding Training



Do you deliver safeguarding training in your organisation? Or are you thinking of delivering your own safeguarding training to ensure value for money? Do you know about the South Glos SAB Trained Trainer Network and its free training & approval programme? Contact Charlotte Fry to learn more: cfry@caringfootsteps.co.uk

Focus on Mental Health

Mental Health Support Team (MHST)



MHSTs are working across schools in South Gloucestershire and offer support to children and young people for mild to moderate mental health difficulties that could

include; anxieties, low mood, exam stress and friendship issues.

[Find out more about the MHST here](#)

How can you access us?

- Speak to a trusted member of staff in school
- We'll speak with your school about how best to help you
- If we can help, we'll arrange to have a meet and greet with you
- You'll then start your 1-to-1 sessions with your Educational Mental Health Practitioner (EMHP)

Get in contact
mhstenueries@otrbristol.org.uk
 0117 403 8735

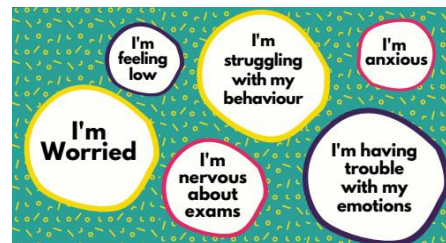
Mental Health Support Team

We are a new project that has been created to get mental health support to more children and young people.

The Mental Health Support Team (MHST) are trained to give 1-1 support in education settings on anxiety, low mood and other struggles with wellbeing.

Our logo is an otter because, like otters, we work as part of a team and use tools to help everyone we work with build resilience and look after their wellbeing. Some of our favourite tools are problem solving, self-care, challenging negative thoughts and managing worries.

The MHST is a partnership between OTR (Off the Record) and CAMHS. We are working with selected education settings across Bristol and South Glos, to find out where we work check out our webpage: www.otrbristol.org.uk/what-we-do/mhst/



ChatHealth (11-19)

ChatHealth is a confidential text messaging service enabling young people aged 11-19 to contact healthcare professionals about a range of issues including emotional health and wellbeing, relationships, smoking, stress and anxiety, self-esteem, bullying, smoking, drugs and alcohol and sexual health.



ChatHealth is a text messaging service (Mon-Fri 9am-5pm) and the number is **07312 263093**. More local information is [here](#) and the National ChatHealth website is [here](#).

Happy Parent, Happy Child

The Mental Health, Inequalities and Community Engagement team in the South Glos Public Health team has produced an online resource page for parents and carers of children aged 0-5 years.

The Happy Parent, Happy Child website features mental health and wellbeing resources for both carers and their children, fun activity ideas and tips on self-care.

There are several resources designed to help build resilience and help families thrive, even when times are difficult.

For more information, visit www.southglos.gov.uk/happy-parent-happy-child

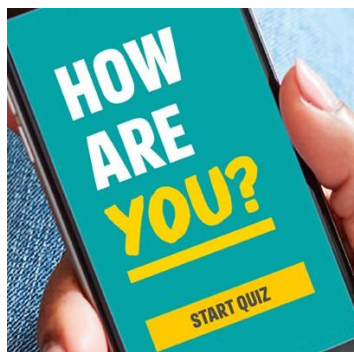
Posters and postcards promoting this resource are available in both digital and printed formats if you would like to receive these please contact

mentalhealth@southglos.gov.uk

Watch this film about Building Resilience



Mental Health and Wellbeing Support for Over 18s in South Gloucestershire



The One You website has a wide range of information and help for adults in South Gloucestershire.

[See the website here](#)

This website includes information for professionals and also for everyone living in our community. It has resources available, referral routes and signposting to key providers.

Mental Health Training Opportunities

Would you like to be better equipped working with mental health?

There are lots of opportunities to access training whether you work with children and families or adults

Find out more [here](#) or email mentalhealth@southglos.gov.uk

Holiday Activities and Food Programme (HAF)

The **Holiday activities and Food (HAF) programme** is running again during the summer holidays for children and young people aged 5 to 16 who live in South Glos. Dates are between Monday 24 July and Friday 1 September but will vary by provider.

For full information on the HAF programme and further support available to families, visit www.southglos.gov.uk/HAF.

Watch the HAF video here



Working Together to Safeguard Children Update for 2023

The new update of the statutory 'Working Together' guidance is now live and open for consultation.

The draft document for consultation is [here](#)

Anyone can respond to the consultation, as an individual or as an organisation. You can make a submission [here](#)

The consultation closes on 6th September 2023.



Community Learning NEW September 2023 Course Prospectus

The new Prospectus for Sep 2023 has been published and is being delivered now to community venues and libraries, but you can access it online via our website: www.southglos.gov.uk/communitylearning

Courses are aimed at supporting people young and old to improve their job skills and access to work opportunities.

Stop Adult Abuse Week

November seems a very long time away, but wanted to give you

a Save the Date for Stop Adult Abuse Week!

When is it? Monday 20th to Friday 24th November

What is the Theme? Safeguarding Yourself and Others



What will be Happening? We will have a series of lunchtime workshops (12 noon- 1pm) – all of them are free to attend for professionals working with adults in South Glos, North Somerset, Somerset, Bath and North East Somerset and Bristol.

Monday - What's My Role in Safeguarding Adults?

Tuesday - Taking The Lead on Safeguarding in Your Organisation

Wednesday - Who Cares For the Carers? Vicarious and Secondary Trauma

Thursday - Adopting a Trauma-Informed Approach to Safeguarding Adults

Friday - Listen, Learn, Lead: Listening to the Voice of Adults

They are all open for booking now – [so click here to get yourself a place](#)



If you would like to be added to the distribution list for newsletters or have something you would like to include in a future edition please get in touch with Sarah Taylor [here](#)