



South Gloucestershire Safeguarding Adults Board and Children's Partnership

Safeguarding Newsletter
October Edition

SAFEGUARDING UPDATE FOR ALL PARTNERS

OCTOBER 2023

October Edition

This October edition of the newsletter is a combined newsletter for both the South Gloucestershire Children's Partnership and the Safeguarding Adults Board. Please share widely within your organisation.

This newsletter, and back copies from the last few months are now available on the website. You can find them all [here](#) on the Children's Partnership site and [here](#) on the Safeguarding Adults Board website.

Spotlight on Training

Bitesize MARAC Workshop – [Book Here](#)

Bitesize Child Exploitation Sessions – [Book Here](#)

Bitesize Thresholds Workshop – [Book Here](#)

Safeguarding Children who do not live at home – [Book Here](#)
(private fostering)

Bitesize Self- Neglect Workshops – [Book Here](#)

Full programme of Safeguarding Adults Training is [here](#)

Full programme of Safeguarding Children Training is [here](#)



Stop Adult Abuse Week

Monday 20th – Fri 24th November

Free workshops every day:

Mon - What's My Role in Safeguarding Adults?

Tue - Taking The Lead on Safeguarding in Your Organisation

Wed - Who Cares For the Carers? Vicarious and Secondary Trauma

Thurs - Adopting a Trauma-Informed Approach to Safeguarding Adults

Friday - Listen, Learn, Lead: Listening to the Voice of Adults

Book Now!

Relationships Matter

Evidence suggests that conflict between parents is normal, but if exposure is frequent, intense, and poorly resolved, this can have a damaging impact on children, resulting in long-term mental health issues, emotional, behavioural and academic problems as they grow up. Children of all ages can be affected by destructive interparental conflict.

Do you want to gain more knowledge and skills in this area?

There are three Reducing Parental Conflict e-modules.

Module 1 - Understanding Parental Conflict and its impact on child outcomes.

Module 2 - Recognising and supporting parents in parental conflict.

Module 3 - Working with parents in conflict.

Anyone can now access the e-modules, they just need to register via this [link](#). For further information contact debbie.stabbins@southglos.gov.uk

Safeguarding Children who do not live at Home

Brand new Bitesize sessions are now available without cost for professionals from all agencies. Children in Private Fostering arrangements often remain hidden. Do you know your responsibilities about when to report a private fostering arrangement? Do you know the definition of Private fostering?

Book a place on the new Bitesize (45 Minutes) session today - [Book Here](#)

There is a brand new leaflet for parents [available here](#) and the Private fostering Notification Form is [available here](#)

Domestic Abuse Services

October sees the launch of the new South Gloucestershire Next Link Plus+ support service for people affected by domestic abuse and violence.

South Gloucestershire Council has been commissioning specialist support service Next Link to offer help, safety and advice to anyone suffering domestic abuse since 2017. From 1 October 2023 it has recommissioned Next Link to provide these services and more for the next five years.

Alongside existing services, Next Link Plus+ will offer more safe house provision and a range of dedicated services to adult and child victims and survivors living in the community.

There are two information events

- Tuesday, 7 November, 1-4pm at The Park High Street, Kingswood BS15 4AR
www.parkcentrekingwood.co.uk/
- Thursday, 9 November, 11.30am-2.30pm at Coniston Community Centre, The Parade, Coniston Road, Patchway, BS34 5LP www.conistoncommunitycentre.org.uk



Burns and scalds can have devastating consequences in children's lives and are a major cause of injury among 0–5-year-olds.

FiDO the Firedog shares tips in this video on how to keep children safe this season. [Firework Safety with FiDO the Firedog](#)

This leaflet is being sent to all schools across South Gloucestershire. Please visit [Avon Fire Rescue - Halloween Leaflet](#) for the full version and [Avon Fire & Rescue Service](#) for further information on keeping families safe over Halloween and Bonfire Night.



Covid-19 and Flu vaccinations

Winter is coming, and with it comes an increased risk of catching Covid-19 or flu. Frontline health or social care professionals are more likely to be exposed to these viruses. Vaccines are our best line of defence against both viruses.

Our Director of Public Health, Sarah Weld and Cabinet Member for Public Health, Cllr Alison Evans, are supporting our staff vaccination campaign and encouraging all staff eligible for vaccination including those in frontline health and care roles to get vaccinated.

Anyone eligible can book their Covid vaccination via the [NHS website](#), by downloading the NHS App, or by calling 119 for free if they can't get online. Wherever possible, vaccinations for flu and Covid will be offered at the same time. People who are eligible can also access their vaccines from their GP surgery or pharmacy.

NEW SG Children and Young People Mental Health and Wellbeing Pathway for Health and Social Care professionals:

This week saw World Mental Health Day (10th Oct). The South Gloucestershire Locality Partnership are excited to let you know that, a new CYP Mental Health and Wellbeing quick guide for Health and Social care professionals, is now available through the remedy site [here](#). This will be updated quarterly so it is recommended you use the link rather than download the document. **Any queries about this document email mentalhealth@southglos.gov.uk**

For Parents and Carers and Professionals

This year, we would like to remind you to look out for the 'Little big things' that can help you stay mentally healthy. Little big things are little differences that you make, which will have a big impact on your day.

It might be a little chat with a friend, a little walk in nature or a little 5 minutes just for you.

The national NHS '[Every Mind Matters](#)' programme offers a tailored programme of support that is designed to help people especially those finding it difficult to cope with life events such as bereavement, money worries or relationship breakdown. This year, the programme also offers new advice on dealing with sleep problems

The Action For Happiness page has [10 Keys to Happiness](#) which could help structure some of your conversations or put up a [Happiness Calendar](#) for your school or workplace.

You can access local mental health support on the [One You South Glos pages](#). There are links to services, self-help advice and information to help you stay mentally health and look after your wellbeing. You can stay up to date with One You South Glos info using their [Facebook page](#).

You can also find lots of information and services on the Bristol, North Somerset and South Gloucestershire Children and Adolescent Mental Health Services ([CAMHS](#)) page.

For Children and Young people

If young people have any questions, the [Mind You](#) webpage has a wealth of information aimed at Young People.

You can also find lots of information and services on the Bristol, North Somerset and South Gloucestershire Children and Adolescent Mental Health Services ([CAMHS](#)) page.



If you would like to be added to the distribution list for newsletters or have something you would like to include in a future edition please get in touch with Sarah Taylor [here](#)