## Power & Control Wheel: People WITH DISABILITIES AND THEIR CAREGIVERS

# VIOLENCE

**POWER** 

&

CONTROL

## Physical COERCION AND THREATS:

THREATS:
Threatening to hurt the person; withold basic support and rights; terminate relationship and leave the person unattended; report noncompliance with the program; use more intrusive equipment. Using consequences and punishments to gain compliant behavior. Pressuring the person to engage in fraud or other crimes.

### CAREGIVER PRIVILEGE:

Treating person as a child, se Making unilateral decisions. Defining narrow, limiting roles and responsibilities. Providing care in a way that accentuates the person's dependence and vulnerability. Giving an opinion as if it were the person's opinion. Denying the right to privacy. Ignoring, discouraging, or prohibiting the exercise of full capabilities.

### **ECONOMIC ABUSE:**

Using person's property and money for staff's benefit. Stealing. Using property and/or money as a reward pr punishment in a behavior program. Making financia decisions based on agency or family needs. Limiting access to financial information and resources resulting in unnecessary will impoverishment. impoverishment.

WITHHOLD, MISUSE, OR DELAY NEEDED SUPPORTS:
Using medication to sedate the person for agency convenience. Ignoring equipment safety requirements. Breaking or not fiving adaptive equipment. fixing adaptive equipment. Refusing to use or destroying communication devices. Withdrawing care or equipment to immobilize the person. Using equipment to torture Physical

## Sexual INTIMIDATION:

Raising a hand or using looks, actions, or gestures to create fear. Destroying property and abusing pets. Mistreating service animals Displaying service animals Displaying weapons.

### **EMOTIONAL ABUSE:**

EMOTIONAL ABUSE:
Punishing or ridiculing. Refusing
to speak and ignoring requests.
Ridiculing the person's culture,
traditions, religion, and personal
tastes. Enforcing a negative
reinforcement program or any
behavior program the person
doesn't consent to.

### ISOLATION:

Controlling access to friends, family, and neighbors. Controlling access to phone, TV, news. Limiting employment possibilities because of caregiver schedule. Discouraging contact with the case manager or advocate.

## MINIMIZE, JUSTIFY, AND BLAME:

AND BLAME:
Denying or making light of abuse. Denying the physical and emotional pain of people with disabilities. Justifying rules that limit autonomy, dignify, and relationships for program's operational efficiency. Excusing abuse as behavior management or as due to caregiver stress. Blaming the disability for abuse. Saying the person is not a "good reporter" of abuse. VIOLENCE Sexual