



South Gloucestershire Safeguarding Adults Board and Children's Partnership

Safeguarding Newsletter
April Edition

SAFEGUARDING UPDATE FOR ALL PARTNERS

APRIL 2023

April Edition

This April edition of the newsletter is a combined newsletter for both the South Gloucestershire Children's Partnership and the Safeguarding Adults Board. Please share widely within your organisation.

This newsletter, and back copies from the last few months are now available on the website. You can find them all [here](#) on the Children's Partnership site and [here](#) on the Safeguarding Adults Board website.

Spotlight on Training

Bitesize Child Exploitation Sessions – [Book Here](#)

Bitesize Thresholds Workshop – [Book Here](#)

Bitesize Self- Neglect Workshops – [Book Here](#)

Full programme of Safeguarding Adults Training is [here](#)

Full programme of Safeguarding Children Training is [here](#)

Could you attend a course and help us to quality assure the learning? Get in touch with [Catherine Charlton](#) if you would like to be involved.



Mankind: Positive Masculinity Train the Trainer

ManKind is a cognitive programme that tackles negative male stereotypes and is structured to engage discussion. It is used with young males who have demonstrated thoughts, feelings or behaviours associated with toxic masculinity. The programme uses a range of easy to engage with activities including practical tasks and social media videos. This course is in partnership with the South Gloucestershire Violence Reduction Unit and Youth Offending Team.

7th June 2023 [book here](#);

6th September 2023 [book here](#);

6th March 2024 [book here](#)



Click the picture to watch Ellis's Story



What do you know about ICON?

ICON is a vital tool for all professionals who work with families. When you work with a family with a newborn baby please talk to them about coping with infant crying. You don't need to be specially qualified or a health professional to share the ICON information. Everyone can and should do this.

On 19th April an amazing conference was held for practitioners in South Glos, Bristol and North Somerset. It explored ICON and included a presentation from Ellis's mum – you can watch Ellis's story in the clip above – click on the picture to watch. It is an emotional story and you may find it distressing but it is a powerful reminder of why we need to share this messaging.

Although over 200 people attended the conference, lots of South Glos professionals will have missed this opportunity. As soon as the recording is available it will be circulated.

Abusive Head Trauma has featured in several South Glos Serious Case Reviews and also in a new Child Safeguarding Practice Review that has not yet been published. The themes from these reviews ([SCR Toby](#), [SCR Baby E&F](#)) and The National Panel review ([The Myth of Invisible Men](#)) were explored in the conference. The NSPCC have also produced a briefing 'Learning from Case Reviews' about Children under Two. [Read it here](#)

ICON
Babies Cry, You Can Cope!

I Infant crying is normal and it will stop! Babies start to cry more frequently from around 2 weeks of age. The crying may get more frequent and last longer. After about 8 weeks of age babies start to cry less each week.

C Comfort methods can sometimes soothe the baby and the crying will stop. Think about are they:

- hungry
- tired
- in need of a nappy change

 Try simple calming techniques such as singing to the baby or going for a walk.

O It's OK to walk away if you have checked the baby is safe and the crying is getting to you. After a few minutes when you are feeling calm, go back and check on the baby.

N Never, ever shake or hurt a baby. It can cause lasting brain damage or death. If you are worried that your baby is unwell contact your GP or call NHS 111.

Speak to someone if you need support such as your family, friends, Midwife, Health Visitor or GP.

*Version 5 updated 19/02/2018

Have you heard of DadPad?

The conference also included a presentation from Julian Bose, founder of DadPad. DadPad have resources that are perfect to share with men when there is a new baby expected in a family. More information is available on the DadPad website [here](#).

There is a DadPad App available to download onto phones that is free to use and when a postcode is added it populates with all the local information for the area.



Adults Safeguarding Training



Do you deliver safeguarding training in your organisation? Or are you thinking of delivering your own safeguarding training to ensure value for money? Do you know about the South Glos SAB Trained Trainer Network and its free training & approval programme? Contact Charlotte Fry to learn more: cfry@caringfootsteps.co.uk

Local Family Justice Board Conference

LFJB Annual Conference – Spring 2023

Family justice in the context of domestic abuse: Improving experiences and outcomes for children, young people and parents.

This whole-day conference will be about domestic abuse and procedural justice. It should appeal to survivors and to professionals from across the public, private and third sectors, especially domestic abuse specialists, those working in children's social care, local authorities, family justice, criminal justice, education and health.

Friday 19th May 2023

09.30-16.00 hours

Business and Law School (X Block), UWE Frenchay Campus,
Coldharbour Lane, Bristol, BS16 1QY



My Life Through Care Session

This session will be led by Kathy a care experienced adult. The aim of this session is to help adults understand and connect with the needs and experiences of children and young people in care, leaving care and beyond. This is a superb opportunity to learn from those with experience of being in care to support the development of your skills and practice.

The session will be held on: Wednesday 10th May 2023 – [BOOK HERE](#)

Kathy and her family were involved in social services for the duration of her childhood. As an adolescent, Kathy was accommodated by the local authority.

This session will have a focus around;

- narrative and how it impacts upon life chances
- education as a route out of a challenging start
- Challenging the damaged goods Myth and
- Normalising difficult emotions routed in Trauma.

Last Minute Spaces...



Saturday 29th April – Advanced Child Protection Training

9am-1pm [Get a place here](#) Ideal for Child minders and Foster Carers as being held on a Saturday

Why Language Matters – The Toxic Trio

The term 'toxic trio' is used by professionals to refer to the co-occurrence of parental domestic abuse, parental substance misuse and parental mental illness in a child's life. To some, the presence of this 'trio' signals that a child may be experiencing abuse or neglect.

Although the term was originally used to describe three factors commonly present in case reviews, the grouping together of these specific factors means that 'toxic trio' consequently leads to being misunderstood as:

- if any of these factors are present, a child will experience abuse
- if none of them are present, a child is safe.

The article linked below explains that the term is unhelpful and inaccurate and includes: the definition and background to the term and its uses; what the issues are with 'toxic trio' as a term; the impact its use might have on safeguarding children and families; and how professionals can reframe their thinking around using the term. Click here to [Read the article](#)

Mental Health and Wellbeing Training

[Depression and Low mood April 27th 2023](#)

[Resilience Lab – Train the Trainer - Face to Face 2 day courses - a choice of dates June 2023, November 23 or March 2024](#)

[Working Confidently With Gender Identity and Sexuality- half day course June 2023 or September 2023 Dates](#)

[Mental Health Awareness session-\(Session for parents and carers\)- 90min online choice of dates May 2023 or November 2023 \(EVENTBRITE Signup\)](#)

[Youth Mental Health First Aid 2 day course- Choice of dates June 2023 or September 2023](#)

[Attention Seeking? Or Something More? Self-Harm Awareness-for professionals that work with children and young people \(half day course choice of dates in June 23, October 23 and March 24\)](#)

[Workshop's for Inclusivity, Difference and Accessibility \(WIDA\) Half day course \(Choice of June and November dates\)](#)

Online Safety Training

At the Redgrave Theatre in Clifton. We will also be providing Tea/Coffee and a free Buffet Lunch. Sessions include:

- Megan Haldane (Cybercrime Specialist) at Avon and Somerset Police
- The CEO David Wright from the South West Grid for Learning
- Ben Mcgrath (online safety expert), Smoothwalls online safety trainer
- Feedback from children and young people about being safe online

Date: **Friday 9th June 2023** Time: **9:00-13:00** Where: **Redgrave Theatre Percival Road Clifton BS8 3LE**

Book your FREE SPACE HERE <https://www.eventbrite.co.uk/e/clifton-college-online-safety-conference-tickets-602626220247>

Stop Adult Abuse Week

November seems a very long time away, but wanted to give you a Save the Date for Stop Adult Abuse Week!

When is it? Monday 20th to Friday 24th November

What is the Theme? Safeguarding Yourself and Others

What will be Happening? We will have a series of lunchtime workshops (12 noon- 1pm) – all of them are free to attend for professionals working with adults in South Glos, North Somerset, Somerset, Bath and North East Somerset and Bristol.

Monday - What's My Role in Safeguarding Adults?

Tuesday - Taking The Lead on Safeguarding in Your Organisation

Wednesday - Who Cares For the Carers? Vicarious and Secondary Trauma

Thursday - Adopting a Trauma-Informed Approach to Safeguarding Adults

Friday - Listen, Learn, Lead: Listening to the Voice of Adults

They are all open for booking now – [so click here to get yourself a place](#)



If you would like to be added to the distribution list for newsletters or have something you would like to include in a future edition please get in touch with Sarah Taylor [here](#)