



Somerset Safeguarding Adults Board, North Somerset Safeguarding Adults Board, Keeping Bristol Safe Partnership, South Gloucestershire Safeguarding Adults Board and Bath & North East Somerset Community Safety & Safeguarding Partnership

Stop Adult Abuse Week Newsletter

Joint Safeguarding Adults Boards

15th – 19th November 2021



We're Supporting
Stop Adult Abuse Week
15-19 November 2021



SAFEGUARDING UPDATE FOR ALL PARTNERS

NOVEMBER 2021

Stop Adult Abuse Week

This special edition newsletter is a combined newsletter for combined Safeguarding Boards across the Avon & Somerset region and has a specific focus on resources, workshops and information for all organisations relating to Stop Adult Abuse Week for professionals working with adults within the five local authority areas.

Locally, Stop Adult Abuse Week has followed this combined approach for a number of years, and this year is taking place in November to align with the National Safeguarding Adults week led by the Ann Craft Trust.

Book NOW! – Stop Adult Abuse Week of Webinars

Monday 15th November at 12.30pm – Emotional Health and Wellbeing [BOOK HERE](#)

Tuesday 16th November at 12.30pm – Trauma informed Practice [BOOK HERE](#)

Wednesday 17th November at 12.30pm – Gambling Awareness [BOOK HERE](#)

Thursday 18th November at 12.30pm - Exploitation of Adults [BOOK HERE](#)

Friday 19th November at 12.30pm – Safer Cultures [BOOK HERE](#)



National Safeguarding Adults Week 2021

15 – 21 November 2021
#SafeguardingAdultsWeek

ann craft trust

National Safeguarding Adults Week

We are joining Stop Adult Abuse week with the National Safeguarding Adults Week.

This is an opportunity for organisations to come together to raise awareness of important safeguarding issues. The aim is to highlight safeguarding key issues, facilitate conversations and to raise awareness of safeguarding best practice. So we can all be better together. You can access the resources from Ann Craft Trust on the link below:

[Ann Craft Trust Resources](#)

Safeguarding Adults Week 2021 Theme – ‘Creating Safer Cultures’

Our theme for Safeguarding Adults Week 2021 is ‘Creating Safer Cultures’. Each day, we will focus on a specific topic to facilitate conversations around the theme of creating safer cultures.

Promoting safer cultures is all about how organisations and individuals can take steps to minimise harm occurring in the first instance, whilst simultaneously ensuring correct policies and procedures are in place so that safeguarding concerns that are raised, are recognised and responded to effectively.



What do Safer Cultures Look Like?

- **Listening-** organisations should listen to members and create an environment where people’s concerns are listened to and addressed appropriately (be that service users, participants, volunteers or employees). Individuals should feel confident about how to respond to, report and refer any safeguarding concerns either within their organisation or community.
- **Leading-** organisations should ensure they have the correct policies and procedures in place to minimise the risk of harm and to respond effectively should concerns be raised. This could include having a detailed safeguarding policy and ensuring that staff and volunteers receive regular safeguarding training.
- **Learning-** it is important that organisations, and individuals within them, take the time to learn from safeguarding incidents and reflect on what actions could be altered in the future to facilitate best practice and minimise the risk of harm.

Monday – Emotional Abuse and Safeguarding Mental Health



Click the image to see more about what is emotional abuse?

Workshop One: Emotional Health & Wellbeing – [book a place here](#)

Download the Poster for the Day [here](#)

Safeguarding in Sport: A Toolkit for Supporting Participants with their Mental Health. [Download here.](#)

Untold Stories – Domestic Abuse, Coercive Control and Emotional Abuse. [Learn more.](#)

How to Safeguard your wellbeing during the pandemic. [Read more.](#)

At times, work can be stressful and challenging. Read our guide about [managing your mental health in the workplace.](#)

Research into non-physical domestic abuse finds that 91% of survivors experienced psychological abuse at some point in their relationship. [Read the full report from SafeLives.](#)

Message from Avon & Somerset Police: If you choose to report domestic abuse to the police, they will listen and they will take your report seriously. All reports of domestic abuse will be investigated. If you’re a victim of

domestic abuse you can talk to the police by calling 101. Always dial 999 in an emergency. You can also report online via the website: [Report domestic abuse | Avon and Somerset Police](#)

Find out more information about local help and support here: [Home — This Is Not An Excuse](#)

Bristol: Are you OK is a campaign run by the KBSP for local residents to get information advice and connect with services in the city find out more [here](#)

Tuesday – The Power of Language

Workshop Two: Trauma Informed Practice – [book a place here](#)

Download the Poster for the Day [here](#)

The Power of Language in Safeguarding Practice- [Read our blog.](#)



Explore the terminology resource from Sporting Equals. [Download here.](#)

Read the guidance from Victim Support and The Children’s Society about appropriate language when working with young people subject to sexual exploitation. [Download here.](#)

Language Creates Reality: How Becca’s community project is revolutionizing language use in health and social care. [Learn more.](#)

End the Awkward- It can be difficult to know how to talk about disability. Explore these free resources that offer support and advice to help end the awkward! [Discover more.](#)

Wednesday – Digital Safeguarding



Click the image to see more about Digital Safeguarding

Workshop Three: Gambling Awareness – book a place [here](#)

Download the Poster for the Day [here](#)

[Download](#) the digital safeguarding resource pack.

Explore our [introduction to digital safeguarding guide](#) which explains what digital safeguarding is and provides tips and advice for staying safe online.

Do you know how to support young people who have been abused online? [Learn more.](#)

Safeguarding, Young People and Virtual Delivery: Creating Safer Online Spaces. [Learn more.](#)

How to Stay Safe Online – Guidance for Adults and Young People with Learning Disabilities. [Read more.](#)

Do you know how to spot the signs of digital scams? [Learn more.](#)

Listen to our latest podcast, [Safeguarding in Esports with Fnatic.](#)

What is cyber bullying? [Read more.](#)

Citizen's Advice – SCAMs online Read more [here](#)

National Trading Standards scams website useful resource & info available [here](#)

Bristol: <https://bristolsafeguarding.org/adults/i-am-an-adult/scams-and-online-safety/>

BT Homelife information [available here](#)

Thursday – Adult Grooming



Click the image to see the signs of Adult Grooming

Workshop Four: Exploitation and Grooming – book a place [here](#)

Download the Poster for the Day [here](#)

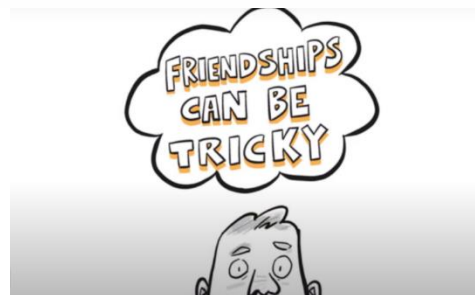
How to Spot the Signs of Adult Grooming, [Learn more.](#)

Adult Grooming In Sport – If It Feels Wrong, It Is Wrong. [Read more.](#)

An introduction to predatory marriage podcast. [Listen here.](#) [My Marriage My Choice](#) is a new website with information and resources for people at risk of, or currently experiencing forced, unlawful or predatory marriage.

Look Closer – How to Spot the Signs of Abuse and Exploitation. [Learn more.](#)

Click the picture to watch a new animation, created by Norfolk Safeguarding Adults Board, that helps people with learning disabilities understand true friendships.



Cuckooing

Spotting the signs of 'cuckooing' – County Lines drug dealers will often take over the homes of vulnerable adults and use it as a base to deal drugs in the area. Vulnerable adults may sometimes be kept inside against their will. This is known as 'cuckooing'. For more information about County Lines and 'cuckooing' visit: [Report concerns about county lines and cuckooing | Avon and Somerset Police](#). If you suspect someone in your local area is a victim of 'cuckooing' you can speak to the police by calling 101. Always dial 999 in an emergency.

[Keeping Bristol safe Leaflet](#) [Mate Crime Leaflet](#)

Friday – Creating Safer Organisational Cultures



Click the image for more information about safer cultures

Workshop Five: Safer Cultures – book a place [here](#)

Download the Poster for the Day [here](#)

Explore our leisure industry checklist that helps organisations to develop a safer culture. [Take a look.](#)

Test your safeguarding knowledge by completing our [free safeguarding assessment.](#)

Listen, Learn and Lead. How can you create a safer culture? [Read more.](#)

Reporting and recording safeguarding issues is key to creating safer cultures. [Learn more.](#)

Mind tips for looking after wellbeing during working from home available [here](#)

Promoting Wellbeing from the Ann Craft Trust available [here](#)

Local Websites:



Keeping Bristol Safe Partnership – [find the website here](#)

South Gloucestershire Safeguarding Adults Board – [find the website here](#)

North Somerset Safeguarding Adults Board – [find the website here](#)

Somerset Safeguarding Adults Board – [find the website here](#)

Bath and North East Somerset Community Safety & Safeguarding Partnership – [find the website here](#)

What Can I share on Social Media?

The table below will help you to share What is Happening in Stop Adult Abuse Week. Please use these templates and ideas within your organisation and your personal accounts.

Use the hashtags

#StopAdultAbuseWeek

#SafeguardingAdultsWeek



Date	Message	Links
<p>Monday 15th November</p> <p>Emotional Abuse & safeguarding Mental health</p>	<p>Today is the start of #stopadultabuseweek across B&NES, Bristol, North Somerset, Somerset and South Gloucestershire. Throughout the week, we'll be working with partners to share information and raise awareness of adult #abuse and #neglect. Each day will be focused on a different theme.</p>	<p>Picture to include:</p> <p>Safeguarding-Adults-Week-2021-General.png (2622x1353) (anncrafttrust.org)</p> <p>SAAW-banner-colour-2021.jpg (720x285) (southglos.gov.uk)</p>
	<p>Do you know someone who is struggling with their mental health?</p> <p>#stopadultabuseweek</p>	<p>Link to film</p> <p>Safeguarding adults: looking out for each other to prevent abuse - YouTube</p>
	<p>Do you know the signs of emotional abuse?</p> <p>#stopadultabuseweek</p>	<p>What is Emotional Abuse? - Ann Craft Trust</p>
	<p>Here's an award winning short film about emotional abuse in relationships</p> <p>#stopadultabuseweek</p>	<p>Mark'd - Award Winning Emotional Abuse Short Film #Gaslighting - YouTube</p>
<p>Tuesday 16th November</p> <p>The Power of Language</p>	<p>Today is the second day of #stopadultabuseweek. The focus today is 'The Power of Language' & we want to encourage individuals and organisations to think about the language they use on a daily basis. Would you say your language is #inclusive?</p>	<p>The Power of Language in Safeguarding Practice - Ann Craft Trust</p>
	<p>Here is a tedtalk video which shows how language can make a huge positive impact and turn a life around</p> <p>#stopadultabuseweek</p>	<p>The Power of Language – Everyday Heroes Victoria Carr TEDxUoChester - YouTube</p>
	<p>Today the local safeguarding boards are hosting a webinar centred on trauma informed support and understanding the power of language. #StopAdultAbuseWeek.</p>	<p>https://www.eventbrite.co.uk/e/stop-adult-abuse-week-of-webinars-trauma-informed-practice-tickets-165776338491</p>
<p>Wednesday 17th November</p> <p>Digital safeguarding</p>	<p>It's day three of #stopadultabuseweek and the focus is 'Digital Safeguarding'. We want to encourage organisations to share best practice in relation to how to create safe cultures online.</p>	<p>Digital Safeguarding Resources Pack - Ann Craft Trust</p>

	Today's webinar will focus on helping people to game responsibly online and offline and will be presented by GamCare - the leading provider of free information, advice and support for anyone harmed by #gambling.	https://www.gamcare.org.uk/
	How to stay safe online? See the information from Ann Craft Trust #stopadultabuseweek	How to Stay Safe Online - Digital Safeguarding - Ann Craft Trust
Thursday 18th November Adult Grooming	Today is day 4 of #stopadultabuseweek and the theme today is 'Adult Grooming'. We want to encourage you to think about the signs of #grooming and how to respond to promote safer cultures if you recognise someone you know is being groomed.	Signs of Grooming in Adults - What to Watch Out For - Ann Craft Trust
	One form of adult #grooming is known as 'Cuckooing' - this is when drug dealers or others take over a home and use it for illegal activity. Home owners will often be subjected to abuse and/or forced out of their homes.	Cuckooing-Factsheet.pdf (southglos.gov.uk)
	Would you know if an adult was being groomed? Have a read of our mate crime leaflet #stopadultabuseweek	friend-or-fake-booklet.pdf (bristolsafeguarding.org)
Friday 19th November Safer Cultures	Today is the final day of #stopadultabuseweek across B&NES, Bristol, North Somerset, Somerset and South Gloucestershire and the theme is "Creating Safer Cultures"	Safer-Cultures-Factsheet.pdf (southglos.gov.uk)
	Want to learn more about safer cultures? Have a look at this resource from the Ann Craft Trust #stopadultabuseweek	What is a Safer Culture? - Ann Craft Trust
	Creating a culture of safety means embedding safeguarding into everything an organisation does. Embedding a culture of safety starts at the very top of the organisation with the senior managers pledging absolute commitment and support #stopadultabuseweek	Creating a safeguarding culture Quick guides to social care topics Social care NICE Communities About NICE