



Somerset Safeguarding Adults Board, North Somerset Safeguarding Adults Board, Keeping Bristol Safe Partnership, South Gloucestershire Safeguarding Adults Board and Bath & North East Somerset Community Safety & Safeguarding Partnership

Stop Adult Abuse Week Newsletter

Joint Safeguarding Adults Boards

20th – 24th November 2023



SAFEGUARDING UPDATE FOR ALL PARTNERS

NOVEMBER 2023

Stop Adult Abuse Week

This special edition newsletter is a combined newsletter for combined Safeguarding Boards across the Avon & Somerset region and has a specific focus on resources, workshops and information for all organisations relating to Stop Adult Abuse Week for professionals working with adults within the five local authority areas.

Locally, Stop Adult Abuse Week has followed this combined approach for a number of years, and this year is taking place in November to align with the National Safeguarding Adults week led by the Ann Craft Trust.

Book NOW! – Stop Adult Abuse Week of Webinars

Monday 20th November at 12.00pm – What's My Role in Safeguarding Adults? [BOOK HERE](#)

Tuesday 21st November at 12.00pm – Taking the Lead on Safeguarding in Your Organisation [BOOK HERE](#)

Wednesday 22nd November at 12.00pm – Who Cares for the Carers? Vicarious and Secondary Trauma [BOOK HERE](#)

Thursday 23rd November at 12.00pm – Adopting a Trauma-Informed Approach to Safeguarding Adults [BOOK HERE](#)

Friday 24th November at 12.00pm – Listen, Learn, Lead – Hearing the Voice of Adults [BOOK HERE](#)

Safeguarding Adults Week 2023

Monday 20 – Friday 24 November
#SafeguardingAdultsWeek

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National Safeguarding Adults Week

We are joining Stop Adult Abuse week with the National Safeguarding Adults Week.

This is an opportunity for organisations to come together to raise awareness of important safeguarding issues. The aim is to highlight safeguarding key issues, facilitate conversations and to raise awareness of safeguarding best practice. So we can all be better together. You can access the resources from Ann Craft Trust on the link below:

[Ann Craft Trust Resources](#)

Safeguarding Adults Week 2023 – Safeguarding Yourself and Others



During Safeguarding Adults Week 2023, we are focusing on how you can prioritise the welfare and wellbeing of yourself and others. Each day, we'll be focusing on a different safeguarding theme which relates to how individuals and organisations can safeguard themselves and others.

There's a strong link between safeguarding and mental and physical wellbeing. If someone's wellbeing is suffering, they may consider certain actions that put them at risk. The concept of 'wellbeing' is threaded throughout UK legislation and is part of the Law about how health and social care is provided. Our wellbeing includes our mental and physical health, our relationships, our connection with our communities and our contribution to society. Being able to live free from abuse and neglect is a key element of wellbeing.

Safeguarding Adults Week is a time for practitioners and organisations to explore effective strategies for how individuals and organisations can promote the wellbeing of staff, volunteers, and the people they support. We hope the themes for 2023 will guide you to enhance your knowledge and understanding of safeguarding adults within your organisation and communities.

Monday – What's My Role in Safeguarding Adults?

What's Your Role in Safeguarding Adults?

#SafeguardingAdultsWeek

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01753 490900

Workshop One: What's My Role in Safeguarding Adults? – [book a place here](#)

Safeguarding refers to measures designed to protect the health, wellbeing and human rights of individuals. These measures allow children, young people and adults at risk to live free from abuse, harm and neglect.

Read our blog ['What is my role in safeguarding adults?'](#)

[Watch our short video](#) to increase your understanding about the term safeguarding adults.

Complete our [Safeguarding Adults Checklist](#) to develop your current understanding of safeguarding and receive free bespoke resources to enhance your practice.

Tuesday – Taking the Lead on Safeguarding in Your Organisation

How will you take the lead on safeguarding?

#SafeguardingAdultsWeek

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Workshop Two: Taking the Lead on Safeguarding in Your Organisation – [book a place here](#)

Creating a safer organisational culture is vital in promoting the wellbeing of staff, volunteers and the people they support. It is important that organisations create environments where everyone is confident their concerns are welcomed, listened to and addressed appropriately.

Take a look at our [conversation starters](#) to help you introduce a discussion about safer cultures in your organisation.

[Listen to our podcast](#) with the Rugby Football Union to learn about the role of safe recruitment in creating safer cultures.

Join our [#SaferCultureSaferSport](#) campaign.

Attend our free seminar '[Let's Start Talking – Taking The Lead on Safer Cultures in Your Organisation](#)'

Wednesday – Who Cares For The Carers? Secondary and Vicarious Trauma



Workshop Three: Who Cares For The Carers? Secondary and Vicarious Trauma – [book a place here](#)

Vicarious trauma is a process of change resulting from empathetic engagement with trauma survivors.

Anyone who engages empathetically with survivors of traumatic incidents, torture, and material relating to their trauma, is potentially affected, including doctors and other health professionals.

Learn more about [what vicarious and secondary trauma is](#) using the BMA's guide.

Take a look at [Mind's guide](#) aimed to support those working in the media sector.

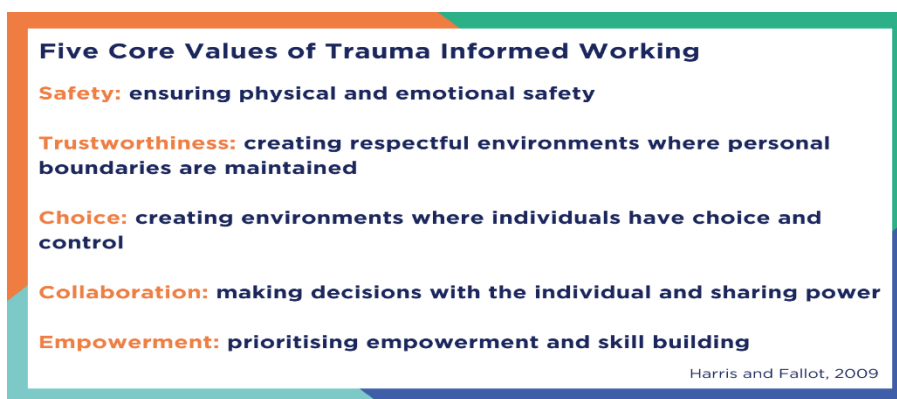
[Read our guide](#) about taking care of your wellbeing when working remotely.

Attend our event '[Who's looking after the people looking after the people?](#)' on Monday 20 November.

Thursday – Adopting a Trauma-Informed Approach to Safeguarding Adults



Workshop Four: Adopting a Trauma-Informed Approach to Safeguarding Adults – [book a place here](#)



The [Scottish Government](#) have produced a toolkit to support practitioners to adopt a trauma-informed approach.

[Young Minds](#) have developed a toolkit for practitioners working with young people to address trauma.

One Small Thing are speaking at our conference and have developed a [trauma informed network](#) for practitioners.

Friday – Listen, Learn, Lead – Hearing the Voice of Adults

What do Safer Cultures Look Like?

- Listening
- Learning
- Learning

#SafeguardingAdultsWeek

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Workshop Five: Listen, Learn, Lead – Hearing the Voice of Adults – [book a place here](#)

Co-production is a collaborative approach. It means that involving those who receive support, along with their family, friends and carers, in the planning and delivering of support.

The focus is to ensure that we hear the voices of those who are at the centre of the support. It's about respecting their views, wishes and beliefs in order to make their support the best it can be.

Co-production features in the Care Act (2014) for England, the Social Services and Wellbeing Act (2014) for Wales and the Care Quality Commission (CQC) assessment framework. It is something all organisations should incorporate into their practice.

[Read our blog](#) about safeguarding adults and co-production.

The [Social Care Institute for Excellence](#) have a wealth of webinars, blogs and resources to support practitioners with developing best practice in co-production.

Local Websites:



Keeping Bristol Safe Partnership – [find the website here](#)

South Gloucestershire Safeguarding Adults Board – [find the website here](#)

North Somerset Safeguarding Adults Board – [find the website here](#)

Somerset Safeguarding Adults Board – [find the website here](#)

Bath and North East Somerset Community Safety & Safeguarding Partnership – [find the website here](#)

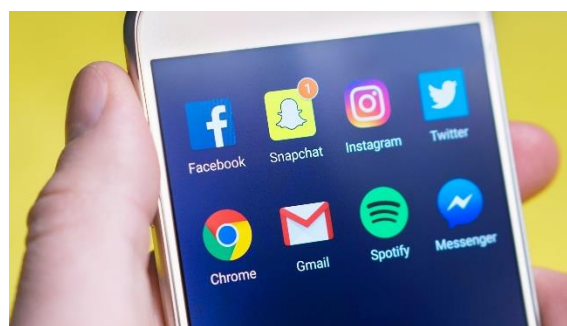
What Can I share on Social Media?

The table below will help you to share what is happening in Stop Adult Abuse Week. Please use these templates and ideas within your organisation and your personal accounts.

Please follow @AnnCraftTrust and retweet them.

Please use the following hashtags:

#SAW2023 #SafeguardingAdultsWeek



Date	Theme	Our Tweets	Things you might want to tweet about
Monday 20 November	What's My Role in Safeguarding Adults?	<p>Safeguarding adults is important in all industries and in the community. Everyone has a role in safeguarding. Use today to reflect on how you can contribute to safeguarding adults within your organisation or community.</p> <p>Today is day one of the @AnnCraftTrust #SafeguardingAdultsWeek and the focus is on what's my role in safeguarding?</p> <p>The @AnnCraftTrust are kicking off SAW with their AGM and seminar where organisations reflect on their safeguarding adults practices. #SafeguardingAdultsWeek</p> <p>Do you know what your role in safeguarding is? The @AnnCraftTrust want to highlight that safeguarding is everyone's responsibility.</p> <p>Today is day one of #SafeguardingAdultsWeek. For 2023 the focus is on 'Safeguarding Yourself and Others'. Check out @AnnCraftTrust for free resources!</p> <p>Interested to see how much you know about safeguarding? Complete the safeguarding adults checklist to test your knowledge: https://www.anncrafttrust.org/checklist-overview/ #SafeguardingAdultsWeek</p>	<p>We would love to hear about safeguarding in the context of your role, or why you think safeguarding is important in your industry. Use the hashtag #SafeguardingAdultsWeek to share your reflections with us on social media.</p> <p>You can share resources about how to spot the signs of harm and abuse and what to do if you are concerned.</p> <p>Share definitions of what safeguarding adults is. Use our social media assets to help!</p>
Tuesday 21 November	Let's Start Talking – Taking The Lead on Safeguarding in Your Organisation	<p>Creating a safer organisational culture is vital in promoting the wellbeing of staff, volunteers and the people they support. #SafeguardingAdultsWeek</p> <p>It is important that organisations create environments where everyone is confident their concerns are welcomed, listened to</p>	<p>Share our resources about how to create safer organisational cultures.</p> <p>Tell us about what steps you are taking in your organisations to promote safeguarding.</p>

		<p>and addressed appropriately. #SafeguardingAdultsWeek</p> <p>It's day two of #SafeguardingAdultsWeek and the focus is on creating safer organisational cultures. Follow @AnnCraftTrust for the latest resources!</p> <p>Today Laura from @AnnCraftTrust will be discussing how you can take the lead on safeguarding within your organisation! #SafeguardingAdultsWeek</p> <p>Reflect on the culture within your organisation. What is working well in terms of promoting people's wellbeing and what could be improved? #SafeguardingAdultsWeek</p> <p>Check out @AnnCraftTrust for top tips on creating #SaferCultures in your organisation and access free resources!</p>	<p>If you are a manager or trustee of an organisation, ask your staff to reflect on what is working well or what could be improved in relation to your organisation's culture.</p>
<p>Wednesday 22 November</p>	<p>Who Cares For The Carers? Secondary and Vicarious Trauma</p>	<p>It's day three of #SafeguardingAdultsWeek and the focus is on secondary and vicarious trauma. Think about how you and your colleagues can prioritise your wellbeing at work.</p> <p>Vicarious trauma can involve being preoccupied with thoughts about those you support outside of work or feeling angry or sad about the situation of people you support. #SafeguardingAdultsWeek</p> <p>It is the @AnnCraftTrust Safeguarding Adults Conference! Check on their social media pages for live updates about the conference! #SafeguardingAdultsWeek</p>	<p>Share your strategies and tools that help you and your colleagues to promote your wellbeing at work. Tag us @AnnCraftTrust and use the hashtag #SafeguardingAdultsWeek</p> <p>If you are attending our Safeguarding Conference in Nottingham today, send us a photo of your day or let us know what you have learnt! Tag us @AnnCraftTrust</p>

		<p>Check out @AnnCraftTrust for access free resources about secondary and vicarious trauma.</p>	
<p>Thursday 23 November</p>	<p>Adopting a Trauma Informed approach to Safeguarding Adults</p>	<p>It's day four of #SafeguardingAdultsWeek and we will be discussing the importance of trauma informed approaches to safeguarding adults.</p> <p>Trauma-informed practice encourages staff to consider how trauma exposure can impact an individual's ability to achieve mental, physical and emotional wellbeing.</p> <p>Trauma-informed practice encourages us to think about what we need to know to be able to respond to people affected by trauma and what is important to them.</p> <p>Trauma-informed practice encourages us to ask, 'What does this person need?' rather than 'What is wrong with this person?' #SafeguardingAdultsWeek</p>	<p>Share resources to raise awareness about what trauma informed practice is.</p> <p>Tell us about any resources or tools you use to enable you to adapt a trauma informed approach. Tag @AnnCraftTrust</p>
<p>Friday 24 November</p>	<p>Listen, Learn, Lead – Co-Production With Experts by Experience</p>	<p>Co-production is where service providers and users work together to reach a collective outcome. #SafeguardingAdultsWeek</p> <p>The idea behind co-production is that those who are affected or use a service, are best placed to help design it. What works well in co-production?</p>	<p>Share resources about what co-production is and how it can be implemented well.</p> <p>Share resources about co-production and the impact on safeguarding adults.</p>

		<p>Share your top tips for being involved in co-production. What has worked well? What are the challenges? #SafeguardingAdultsWeek</p> <p>Read our blog to learn more about co-production: https://www.anncrafttrust.org/what-is-co-production/ #SafeguardingAdultsWeek</p>	<p>Tell us about your experiences of co-production. What has worked well or what could have been improved?</p>
<p>General Tweets</p>		<p>We are supporting @AnnCraftTrust #SafeguardingAdultsWeek 2023!</p> <p>This week we are supporting #SafeguardingAdultsWeeks run by the @AnnCraftTrust!</p> <p>We are attending the @AnnCraftTrust Conference 'Safeguarding Yourself and Others'!</p> <p>The @AnnCraftTrust are offering free seminars as part of SAW. Book your place: https://www.anncrafttrust.org/events/</p> <p>The @AnnCraftTrust have a range of free resources as part of SAW. Share within your communities to show your support: https://www.anncrafttrust.org/safeguarding-adults-week-2023-resources/</p>	