

Thinking about a child/teenager in your life that you feel a worried about.

| What are you Worried About? | What's Working Well? BACK AND FORWARDS → | What Needs to Happen? |
|---|---|---|
| STEP ONE: START HERE ← | | STEP THREE → |
| <i>What has happened, what have you seen, that makes you worried about this child/teenager?</i> | <i>What do you like about _____ what are his/her best attributes?</i> | <i>Having thought more about this problem now, what would you need to see that would make you satisfied the situation is at a 10?</i> |
| <i>What words would use to talk about this problem so that _____ would understand what you're worried about?</i> | <i>Who are the people that care most about _____? What are the best things about how they care for _____?</i> | <i>What would _____ say are the best things about his/her life?</i> |
| <i>When you think about what has already happened to _____ what do you think is the worst thing that could happen to _____ because of this problem?</i> | <i>Who would _____ say are the most important people in his/her life? How do they help _____ grow up well?</i> | <i>What do you think is the next step that should happen to get this worry sorted out?</i> |
| <i>Are there things happening in _____'s life or family that make this problem harder to deal with?</i> | <i>Has there been times when this problem has been dealt with or was even a little better? How did that happen?</i> | |

On a scale of 0 to 10 where 10 means this problem is sorted out as much as it can be and zero means things are so bad for the young person you need to get professional or other outside help, where do you rate this situation today? (Put different judgment numbers on scale for different people e.g., you, child, teacher etc).



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| <i>What are you Worried About?</i> | <i>What's Working Well?</i> | <i>What Needs to Happen?</i> |
|--|---|--|
| <p>← STEP ONE: START HERE, BACK AND FORWARDS →</p> <p><i>What has happened, what have you seen, that makes you Problems child/teenager?</i></p> <p><i>What words would use to talk about this problem so that <u>you're</u> worried about it?</i></p> <p><i>When you start, it has already happened to <u>what</u> do you think is the worst thing that could happen to <u>you</u> because of problems?</i></p> <p><i>Are their factors in <u>their</u>'s life or family that make <u>this</u> problem harder to deal with?</i></p> | <p><i>What do you like about <u>what</u> are his/her best attributes?</i></p> <p>Friends Who are most care most about <u>you</u>? What are the best things friends care for <u>you</u>?</p> <p><i>What would <u>say</u> are the best things about his/her life?</i></p> <p><i>Who would <u>say</u> are the most important people in his/her life? How do they help <u>you</u> grow up well?</i></p> <p>Family Has there been times when this problem has been dealt with or was even a little better? How did that happen?</p> | <p><i>Having thought more about this problem now, what would see that would make you satisfied the situation a 10?</i></p> <p><i>What would <u>need</u> to see that would make them say this problem is completely sorted out?</i></p> <p><i>What do you think is the Worries happen to get this worry sorted out?</i></p> |

Animations Off

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0 ↘

STEP TWO: JUDGEMENT

→ 10