Early Help Assessment and Plan (EHAP)

Closure Form

Family Details Include the details of <u>all</u> children listed in Section 1 of the EHAP.				
Child's Name	Address	Date of Birth		
Peppa Pig	3 Astley Street Peppatown, Peppaland BS37 0DD	31/05/2016		
George Pig	3 Astley Street Peppatown, Peppaland BS37 0DD	09/02/2021		

EHAP Details					
Date EHAP started:	01/09/23	Date EHAP closed:	12/01/24	Number of EHAP reviews:	2
Lead Professional:		Mrs Gigi Gazelle			
Setting/Organisation:		Little Pig Primar	ry School		

EHAP Progress and Outcomes

What were we worried about? Copy from initial EHAP

Child/ren's Views:

Peppa:

- "Sometimes my friends don't want to play with me. They want me to share, and I don't want to."
- Peppa said that she sometimes gets upset and will get angry. Peppa said she will throw things or shout when she feels this way. Peppa said, "I don't know why, I just do." Peppa said she would like help with this.
- Peppa said that she has a hard time paying attention in class. Peppa said that she gets told off when she isn't watching the teacher, and this makes her feel sad.
- Peppa said that she likes school, but there are days when she wants to stay home.

George:

• George said he is "sad" when he can't find his dinosaur.

Parent's/Carer's/Family Member's Views:

Mummy and Daddy Pig:

 Mummy said that Peppa has a mind of her own. Mummy and Daddy said that they love this about Peppa, but this can make it tricky when they ask her to do something she doesn't want to do. Mummy and Daddy said that they've tried giving Peppa rewards for doing things, but now Peppa wants treats all the time.

- Daddy said that sometimes when they ask Peppa to do something she will shout or throw things if she doesn't want to do it. Daddy said that he and Mummy give up and do it themselves. Daddy said that Peppa has pushed him on one occasion, and he worries this will happen again.
- Mummy said she feels she has to be the tough parent and Daddy gets to be the "fun one." Both parents agree that they do things differently sometimes and think this might be confusing for the children.
- Peppa and George can have so much fun playing that they don't want to go to bed on time. Some nights they aren't in bed until 10pm and this can make it hard for them to get up for school in the morning.
- Both parents admit to feeling tired. Mummy said they both work a lot, and they often feel stressed.

Granny and Grandpa Pig (asked prior to the meeting as they were unable to attend):

- Granny said that Peppa has a lot of energy, and it can be hard to keep up with her.
- Granny and Grandpa said they worry about Mummy and Daddy because they often seemed stressed with everything they have to do at work and at home.

School's Views:

Mrs Gazelle:

- Peppa has a lot of friends and the children like playing with her when she shares and listens to them. Unfortunately, this doesn't happen all the time. In the classroom and at playtime, I've noticed Peppa shout and throw things when she gets frustrated or when she doesn't get what she wants.
- In class I can tell that Peppa has a hard time paying attention. I can see her looking around the room and staring out the window. She will often talk to the other children and this can distract them from her learning.
- Peppa is a bit behind in maths. She says maths is hard for her so I understand why she might be looking around the classroom instead of listening to the lesson.

Mr Bull:

• Peppa generally has good attendance at 98%. However, she is late at least three times a week, often arriving 15 minutes after the school day begins.

Miss Rabbit:

• George generally shares well with other children. However, in the past couple of weeks he has been possessive and less willing to share his toys.

Other Professional's Views:

Dr Brown Bear:

Peppa was referred to me because her teacher and her parents were concerned about her impulsivity and her struggles to focus and to sit still. I have observed Peppa to have a lot of energy and feel she may have additional needs. Peppa's parents have agreed for her to be assessed for ADHD.

Summary of the support and interventions offered through the EHAP Use bullet points to list what was tried to help the family throughout the EHAP process.

• Mrs Gazelle used strategies to help Peppa focus in class (breaking down tasks, letting Peppa take breaks). This also helped Peppa manage her energy.

- Peppa had ELSA support from Mrs Sheep. This work was put in place to help Peppa understand and manage her feelings. This was also to help Peppa improve her social skills and get along better with her friends.
- Peppa started doing Brownies.
- Mummy and Daddy worked with Miss Fox from CCP for parenting support.
- Mummy and Daddy talked with their GP about ways to manage their stress.
- Peppa was seen by the Educational Psychologist.
- Peppa was referred for an ADHD assessment.
- Peppa attended maths club.
- Mummy and Daddy were signposted to groups for parents of children with additional needs.
- Peppa started working with a mentor.
- Peppa and George started spending more time with Granny and Grandpa and are having more playdates with their friends.

Summary of the progress and outcomes achieved through the EHAP Use bullet points to list what has changed for the family throughout the EHAP process.

- Peppa has tools and strategies that are helping her focus better in class. She is able to pay attention for longer lengths of time because information is shared with her in an accessible way. Peppa is able to take breaks when she needs them, and this is helping her complete her work better and more accurately.
- Peppa has a better understand of her feelings and what triggers her different emotions. Peppa has learned alternatives to shouting and storming off and she can handle situations more calmly. Peppa says she gets along better with her friends and says she has even made new ones. Mummy and Daddy said that Mrs Gazelle and Mrs Sheep have shared strategies with them so they can be consistent with Peppa at home. The result is that Peppa has fewer outbursts and tantrums at home.
- Peppa is enjoying Brownies and has made new friends. Brownies is helping with Peppa's confidence. Mummy and Daddy say that being outdoors and trying new things has helped Peppa be happier with herself and has been a great place for Peppa to use her energy.
- Mummy and Daddy are more consistent in their parenting approaches with the children. The parenting support they had from Miss Fox helped them create effective rules and routines. The family now has realistic, consistent consequences that help Peppa and George follow their rules and routines and do what is asked of them. Everyone reports that home is calmer and a happier place to be. Mummy and Daddy share that they feel more relaxed than they have in a long time.
- Mummy and Daddy said that they are starting counselling and are working through some of the issues that led to disagreements and feeling stressed. Both parents said that it is early days, but they are happy with the progress they've made. They feel calmer and more confident in themselves and in their parenting.
- Peppa was seen by the Educational Psychologist. The Ed Psych was able to give Mrs Gazelle suggestions of ways to help Peppa in the classroom. Mrs Gazelle has used these suggestions and Peppa is more engaged with her learning and has been making progress towards her targets. These suggestions have been shared with Mummy and Daddy who have adapted them to use at home. Peppa is now getting consistency between school and home and she seems more confident and settled.

- Peppa has a date for her ADHD assessment, 13 February 2024. The family is hopeful that the assessment will give them answers and provide a direction for how to support as she gets older.
- Peppa attended maths club every week and she has made significant progress. She is meeting her targets and she is willing to try new concepts without hesitation. Her confidence with maths has grown significantly.
- Mummy and Daddy have met with other parents who have children with additional needs and found this really helpful. Mummy and Daddy said that it's been invaluable to know other parents who are going through the same things they are. Mummy and Daddy said they feel understood and supported.
- Peppa has been working with her mentor to improve her confidence and selfesteem. Peppa has learned that her differences are her strengths, and she is proud of who she is. Peppa has been trying new activities with her mentor and this has helped her believe in her abilities. Peppa has three sessions left with her mentor and we are all looking forward to seeing the positive impact this will have on her.
- The whole Pig family are benefitting from Peppa and George spending more time with Granny, Grandpa, extended family, and friends. Peppa and George are getting to try new things and are having more social interaction. Mummy and Daddy are getting a chance to spend time together and to pursue their interests. Everyone gets a little break, and this has helped them get along better when they're together. Mummy, Daddy, and Peppa say that they all feel happier than before.

Child/Young Person's Comments Copy from final review

Peppa- "I'm happy with who I am. I know I can do things, even though it might be hard. I'm different from my friends and that's okay." Peppa said that she's glad she's had the support from the EHAP.

George- "I love mummy and daddy and Peppa and dine-saws" (dinosaurs).

Parents/Carers'/Guardians' Comments

Copy from final review

Mummy- "I can't thank you enough for all of your help. Our family has made great changes and I think we're going in the right direction. We have tools and strategies to use if we need them which makes me feel better about the future."

Daddy- "Because of the EHAP our family got the help we needed. Things aren't perfect, but it's so much better than it was. I know it's okay to ask for help thanks to this process."

Additional Comments

Comments from the Lead Professional or other people supporting the family can be included here.

Mrs Gazelle- The family has embraced this process and have really taken the suggestions and strategies on board. Peppa is doing better in school, at home, and with friends. Mummy and Daddy have worked hard and they know we're here to help them if they need it.

Granny and Grandpa Pig- Thank you so much for helping our family. It's a joy to see how well everyone is doing,

Why is this EHAP closing?					
The actions on the EHAP have been completed.	\boxtimes	The family did not wish for the EHAP to continue.			
The EHAP has been stepped up to Social Care.		The family have moved out of the area.			
Other		If other, please give details:			

If **Early Help Funding** was applied for through this EHAP, please complete the sections below.

Families in Focus (Supporting Families) Outcomes					
What were the family's 3 headline vulnerabilities? These can be found on the EHAP Funding Application Form.					
Getting a Good Education		Good Early Years Development		Improved Mental and Physical Health	
Reducing Harm from Substance Misuse		Improve Family Relationships	\boxtimes	Children Safe from Abuse and Exploitation	
Crime Prevention and Tackling Crime		Safe from Domestic Abuse		Secure Housing	
Financial Stability					
	How m	uch EHAP funding did y	ou appl	y for?	
We applied for £500.					
	Wha	t was the EHAP funding	g used fo	or?	
EHAP funding was used for mentoring for Peppa to help her improve her self-esteem and confidence.					
What was the impact of this intervention?					
What progress/improvements were achieved? Peppa has been able to talk about herself and her interests with a safe, trusted person. Peppa has learned that it's okay to be different from her friends. Peppa has been able to share about the things she likes, and she has tried new activities. This has helped Peppa feel proud of herself and like she can do what she puts her mind to. Peppa has been more confident at school, at home, and with her friends and is better able to try new things.					
Was this intervention good value for money? Would you use it again or recommend it to others?					
Peppa's mentor was really helpful and was able to connect with Peppa. We would recommend her to other professionals and children.					
Any other comments?					
We are grateful this funding is available because it can have such a positive impact on children and their families.					

Please send the completed EHAP Closure Form to <u>compass@southglos.gov.uk</u>.

Thank you for the support that you have provided this family through the EHAP process!