PHONE NUMBERS

- Text 116000
 - if you are missing or thinking of running away (free and confidential)
- 999 Police, ambulance or fire emergency
- 111 Police non-emergency
- 0800 1111 Childline
- 0808 800 5000 NSPCC

LOCAL NUMBERS

- Call 01454 866000 to speak to Children's Services for advice
- Call 01454 615165 to speak to someone in the evening or at the weekend

WEBSITES

- kooth.com
 - mental health organisation
- childline.org.uk
 - Childline
- mspcc.org.uk
 - NSPCC
- missingpeople.org.uk
 - missing people
- saricharity.org.uk
 - Stand Against Racism and Inequality

CHILDLINE



SOUTH GLOS CHILDREN'S PARTNERSHIP



- crimestoppers-uk.org/fearless
 - otrbristol.org.uk
 - mind.org.uk



CALL 999 IF YOU ARE IN DANGER

This leaflet was co-produced by young people and the South Gloucestershire Children's Partnership.

Special thanks to the group of young people who gave their time to write and design this leaflet to help other young people stay safe.





MISSING

Tips from young people to stay safe...



Parental advice phone number:

- **© 01454 866000** (9am-5pm)
- **© 01454 615165** (after 5pm)

WHAT DOES MISSING MEAN

You can be reported missing if your whereabouts are unknown and there is a concern for your safety or wellbeing. The police definition is: "Anyone whose whereabouts cannot be established until located and their wellbeing otherwise confirmed."

WHY IS IT IMPORTANT FOR PEOPLE TO KNOW WHERE YOU ARE?

vs

So that nothing bad can happen and you are safe.

MYTH

someone must be missing for a period of time (such as 24 hours) before being reported.

TRUTH

Anyone can be reported missing at any time.

WHEN YOU

RETURN

It's very normal to have a lot of different feelings. You might be happy and relieved, or feel scared and alone.

The police will talk to you. This is to make sure you're safe and to check that nothing worrying happened to you whilst you were missing. It's called a Police Prevention Interview, and the police will share information from this with Children's Services.

Someone from Children's Services will also contact you. It's a chance for you to talk about what happened and to get support. They will also talk to the adults around you, including your parents and carers.

USEFUL TIPS

- Always tell a parent or carer where you are.
- Think about what you could do differently next time, so you are not reported missing.

TOP TIPS TO STAY SAFE WHEN YOU GO OUT

Always have a plan when you go out and make sure you share this with someone.

If something goes wrong or you are worried:

- Go somewhere safe, like school or a shop
- Contact your parent or carer, or speak to someone you trust, such as a teacher or youth worker
- Call the police if you or someone else are in danger

Before you go out:

- Charge your phone and check where free wifi is available, in case you're out of data and need to contact someone
- Talk about the time you must be back with whoever is looking after you
- Have a 'plan B' in case things change
- Go out with people who you know and trust
- Tell whoever is looking after you where you are going, who you are going with and what time you'll be back
- Have a plan about how you are getting home

When you are out:

- Keep in contact with whoever is looking after you, and let them know if your plans change, or if you are going to be late
- If something goes wrong, or you feel unsafe, stay in a busy place and call someone you know for help
- Put your phone location sharing on
- Call 999 if you are in danger.