



COULD YOU OR A FRIEND BE AT RISK OF BEING SEXUALLY EXPLOITED?

**KNOW THE SIGNS AND TALK
TO SOMEONE YOU TRUST
IF YOU'RE WORRIED**

**If you feel someone is not safe, tell someone –
you are almost certainly right, it's not snitching**

- Do you have a boyfriend, girlfriend or friends including adults, who your parents or carers don't know?
- Do they give you presents, money, a mobile phone or jewellery?
- Have you been missing from home, staying out overnight or missing school?
- Are you secretive about where you go and who you see?
- Do you chat to people online who you've never met?
- Do you drink or take drugs regularly?

**Exploited
children are led
to believe they
are in a normal
or loving
relationship**



**South Gloucestershire
Council**

LOOK, LISTEN, ASK, ASK AGAIN, BE CURIOUS...

If you're worried about you or a friend, talk to someone you trust (like a teacher or a youth worker) or call the Council on 01454 866000 or the Police on 101 to talk things through. If you're in immediate danger, dial 999 straight away.

To find out more about CSE visit www.southglos.gov.uk/CSE



LOOK OUT FOR YOU AND YOUR FRIENDS

**TAKE A MINUTE TO READ THESE
MESSAGES FROM LOCAL YOUNG
PEOPLE WHO HAVE BEEN
SEXUALLY EXPLOITED**

- Don't hang around with people who you aren't willing to take home
- Keep safe online: don't share personal information or meet up with anyone you've met online
- If you feel someone is not safe, tell someone - you are almost certainly right, it's not snitching
- Speak to teachers or someone you trust

Many young people who are being exploited don't realise it, so will not ask for help - so it's important to look out for each other. Young people in South Gloucestershire who spoke out and got help and support say:

*"I value myself again, I feel happy again.
Feel like I own my life again"*

*"I know that the things that have
happened to me are not my fault and
things can get better"*

*"Having someone who
listened and actually
heard what I was
saying has really
helped"*

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