

PSHE leads' bulletin

Issue 1: April 2020

Hi everyone,
I'm sure by now you are settling into some sort of working pattern, although it's probably being tweaked daily – but needless to say the 'new normal' is becoming just, well, normal!!

I've spoken to a few PSHE leads and head teachers and on the back of those conversations have decided to put together a weekly bulletin to showcase some of the support that is being set up for school staff during the coronavirus working arrangements. The bulletin will of course have a PSHE theme to it. If there are things you are happy to share please email them / a link etc. to me to include in the next bulletin.

I think at the moment one bulletin covering primary and secondary will be OK – but if this becomes too long, I'll separate them. The intent is to provide a quick 1 or 2 page flyer.

Thanks,
Sarah

Generic website support: health and wellbeing

[One You South Glos](#) for adults

[Mind You](#) South Glos - for young people

[BBC website](#)

[MIND](#)

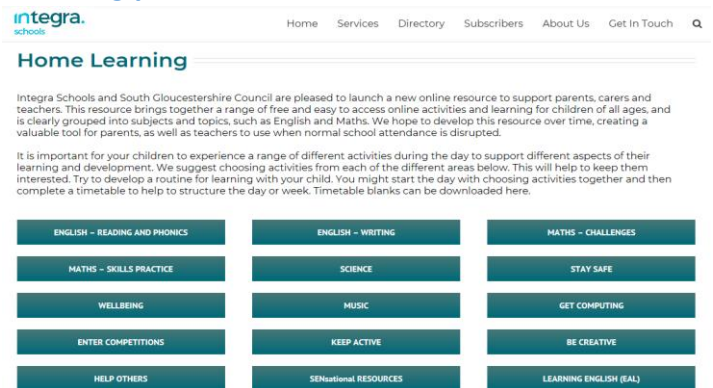
[Rethink](#)

[Young Minds](#)

[Anna Freud](#)

[NHS every mind matters](#)

Check out and share: [NEW South Glos Home Learning platform](#)



The screenshot shows the 'Home Learning' platform interface. At the top, there is a navigation bar with links for Home, Services, Directory, Subscribers, About Us, and Get In Touch. Below the navigation bar, there is a grid of 12 teal buttons, each representing a different subject or activity: ENGLISH - READING AND PHONICS, ENGLISH - WRITING, MATHS - CHALLENGES, MATHS - SKILLS PRACTICE, SCIENCE, STAY SAFE, WELLBEING, MUSIC, GET COMPUTING, ENTER COMPETITIONS, KEEP ACTIVE, BE CREATIVE, HELP OTHERS, SENational RESOURCES, and LEARNING ENGLISH (EAL).



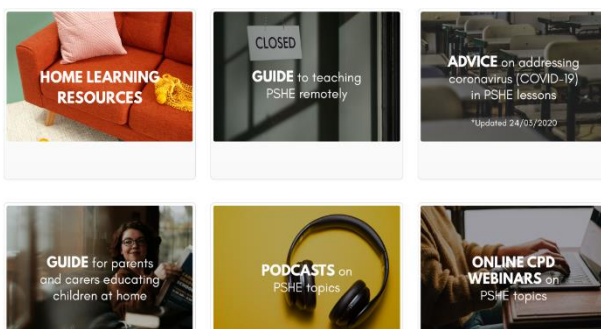
If you are a parent carer in South Gloucestershire with a child aged 0-25 with a Special Educational Need and/or Disability (SEND) South Glos Parents and Carers – not for profit CIC have created a range of resources and links to help you at www.sglpsc.org.uk/resources

This is an open access platform so families regardless of where they live can benefit from all these amazing resources. Please make the link available on your school website, or via text messaging service if you have one.

For PSHE leads – these, I think, may be helpful and support your work with the children and young people coming to school each day:



A vertical list of six teal buttons with white text, representing resources from the Home Learning platform: WELLBEING, MUSIC, KEEP ACTIVE, STAY SAFE, and HELP OTHERS.



A message from the PSHE Association [NEW coronavirus hub](#)

“All of us at the PSHE Association hope you and your loved ones are getting by in these challenging and unsettling times.....we have created this hub to help you to provide high quality PSHE, both to pupils still in school or to those being taught remotely. We will continue to build on it until things return to normal.”

Support is available for revising your RSE policy

Please contact:

Sarah Godsell - 01454 868380 / 07864 601672.

Sarah.godsell@southgloucestershire.co.uk

Nikki Giles

Nikki.Giles@southglos.gov.uk

Or, go to the download section on the [Promoting health in school settings](#) page to access the latest guidance on writing or updating your RSE policy.

A message from Jigsaw PSHE - for anyone, you don't have to be Jigsaw schools:

In our efforts to support families and schools at this difficult time, we are giving away Jigsaw Families stories and Calm Me time audios...on home page of www.jigsawpshe.com

Why not join in the Jigsaw PSHE 'BIG SING'? We all know [singing is good for us](#), releasing endorphines and brightening our mood (even if we cant sing!) So why not get involved in this 'community sining' opportunity: <https://www.jigsawpshe.com/jigsaw-big-sing/#1585655541039-jigsaw-big-sing-intro>

Catching up on paperwork for your Health in Schools award?



Now might be the perfect time to get the bronze self-review completed. All you need is a link to the latest online review tool and some help from us.

Carried out your silver project pre and post baseline measure but never written it up? We can help that become a reality.

If you are a school 'going for gold' we will support you to complete the award paperwork.

Please get in touch if we can support you with any of the awards, or if you are interested in getting signed up to the next cohort.

healthinschoolprogramme@southglos.gov.uk

Some information to share with pupils:

There have been big changes in our lives because of coronavirus, so the Children's Commissioner has created a children's guide to coronavirus to help explain the situation.

The guide aims to answer children's questions about coronavirus, tell children how to stay safe and protect other people and how to help them make the best of their time at home.

<https://www.childrenscommissioner.gov.uk/wp-content/uploads/2020/03/cco-childrens-guide-to-coronavirus.pdf>

A variety of online advice and guidance for older pupils is available on the council's [Mind You website](#). This is being updated regularly in response to information we are being asked for. If you have any comments please contact Rebecca Loaring REBECCA.LOARING@southglos.gov.uk

