

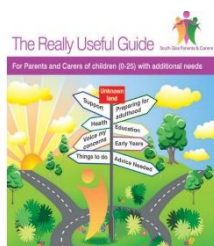
Signposting Parents and carers

Parents are children's first educators, who know their child the best.

Parents may need more support and signposting to other organisations, charities, or other professionals.

South Gloucestershire Parents and Carers

The 'Really Useful Guide' for parents and carers of children (0-25) with additional needs is written by South Gloucestershire Parents and Carers and has information on the Code of Practice and local and national charities that support children and families.



[Our Really Useful Parenting Guides — South Glos Parents & Carers \(sglospc.org.uk\)](https://www.sglospc.org.uk)

<https://www.sglospc.org.uk/publications>

Sleep



[The South Gloucestershire Sleep Toolkit - Early Years \(southglos.gov.uk\)](https://www.southglos.gov.uk)

[The South Gloucestershire Sleep Toolkit - Special Educational Needs and Disability \(southglos.gov.uk\)](https://www.southglos.gov.uk)

Toileting



ERIC – <https://www.eric.org.uk>



The Potty-Training Guide – contact your child's early years setting for a copy from the VLE.

Eating



[Toddlers to Preschool Archives - Infant & Toddler Forum \(infantandtoddlerforum.org\)](https://www.infantandtoddlerforum.org)

Charities

Cerebra – advice and support for the families of children with brain conditions from birth to the age of 16.

<https://cerebra.org.uk>

[Cerebra - Working with you and your amazing child](#)



[Disability Living Allowance \(DLA\) - Cerebra - Cerebra](#)



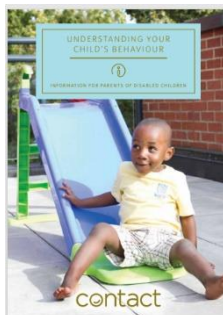
[Pain - Cerebra](#)

Contact – supporting families with guidance and information.



<http://www.contact.org.uk>

[Understanding children's Behaviour](#)



[understanding_your_childs_behaviour.pdf \(contact.org.uk\)](#)

Play and Interests for Young Children

Jigsaw- supporting families who have children who are 0-25 years and have any additional needs or disability.



<https://www.jigsawthornbury.org.uk>

Little Treasures- a stay and play support group for families of preschool children with additional needs



<https://www.sglospc.org.uk/publications>

Butterflies Haven- supporting families who are affected by autism.



<https://butterflies-haven.com>

Incredible Kids- Play & Support for families with young people with additional needs.



<https://incrediblekids.org.uk>

Dimensions-autism friendly screenings at the cinema



autismfilms@dimensions-uk.org

Bournstream-adventure play and picnic site for disabled children family and friends



www.bournstream.org.uk

Music Space- providing music therapy for people of all ages



<https://www.musicSPACE.org>

Kingswood gymnastics- rebound therapy for children with additional needs



www.kingswoodgymnastics.co.uk

Makaton Choir



www.bettercommunication.com

A Show of Hands

Makaton Signing Choir