



®

Fairtrade Directory

2010

Look for products with this Mark!
www.fairtrade.org.uk

South Gloucestershire

www.sgftn.co.uk

FREE

Find your local
cafes, shops
and more...

£500
CO-OPERATIVE
VOUCHER
GIVEAWAY
INSIDE

The **co-operative**
good with food
Our sponsor



Our supporters



SOUTH WEST
REGIONAL IMPROVEMENT
& EFFICIENCY PARTNERSHIP



Some **DECISIONS**
are worth
LINGERING
over



Make the moment **Divine**

VISIT DIVINECHOCOLATE.COM FOR STOCKISTS

Contents

5 Five fair buys

Opt for one of our Fairtrade products and you can make a real difference to the lives of Third World producers

6 Local news

A round up of all the Fairtrade news in South Gloucestershire

9 Fair Traders

Two of South Gloucestershire's Fairtrade pioneers reveal why they support the movement

10 An organic relationship

Sailesh Patel tells us why sustainable and Fairtrade cotton farming work so well together

12 Beginners' guide to Fairtrade

All you need to know about Fairtrade, and how you can help to change the world...

14 The lifecycle of a tea leaf

Follow the amazing journey of a tea leaf as it makes it's way from plant to teapot

16 Directory

Your complete local listings for South Gloucestershire

'Fairtrade' applies to goods with the FAIRTRADE Mark. Ethically sourced goods that don't carry the Mark are described as being 'fairly traded'.

Welcome



Harriet Lamb
Executive Director,
Fairtrade Foundation

As Director of the Fairtrade Foundation, it's my very great pleasure to welcome you to your local Fairtrade guide.

I first got hooked on Fairtrade in 1999 – back in the very early days when you couldn't buy a single Fairtrade banana in the UK for love nor money. Today, when a quarter of all bananas sold in Britain proudly carry the blue, green

and black FAIRTRADE Mark, it's amazing to think how far this vision of a fairer way of trading is travelling. And it's not just bananas: from olive oil harvested in Palestine, to oranges picked in South Africa, a unique people's movement of farmers, workers, shoppers and supporters has turned Fairtrade from a nice idea to a living reality – even in the depth of recession – because people do care about those who grow their food.

But we still have so far to go. For each of the 7.5 million people – the farmers, workers and their families – who currently benefit from a fair deal, countless more remain at the mercy of unscrupulous traders and uncertain incomes, trapped by rising fuel and food prices. Many of these communities are also facing the effects of climate change, especially as changing weather patterns ruin their crops – and these are the people who have the lightest carbon footprints.

So it is more important than ever that we all play our part in tipping the balance of trade in favour of disadvantaged producers. Our simple choices add up to a huge difference and swapping our tea, bananas, rice or bed-sheets to Fairtrade means much greater change can be delivered for farmers in developing countries. This guide will help you find the shops and cafes that already make Fairtrade living easy. And as always, if you cannot find Fairtrade goods, then ask for them!

To find out more about Fairtrade in South Gloucestershire, or to add/update a directory entry, visit www.sgftn.co.uk

Our sponsor

The **co-operative**
good with food

Our supporters

South Gloucestershire
Council



SOUTH WEST
REGIONAL IMPROVEMENT
& EFFICIENCY PARTNERSHIP

Faragher Jones
Contract Publishers

A 3 Monmouth Place, Bath BA1 2AT

W www.faragherjones.com

T 01225 319799

recycle me

Publisher Steve Faragher

Editor Leanne Hall

Design Joe Burt, Alex Dimond

Ad sales Claire Morgan, Rhiannon McNamara

Cover image Simon Rawles

If you're a Fairtrade network and you'd like to receive a directory at no cost, please give us a call.

This directory is printed on
glives recycled paper

The fair trade soap company



Beautifully handcrafted organic soaps
Unique gift ideas



01424 460022

www.visionarysoap.co.uk

Play Fair



Ethletic sports balls are high quality, hand stitched,
Fair-trade balls made using only rubber from responsibly managed rubber plantations.



THE ETHICAL ALTERNATIVE



WWW.ETHLETIC.COM



Photo: Nayef Hashimoun

WE SEE A WORLD WHERE JUSTICE NOT PROFIT IS THE BOTTOM LINE. DO YOU?

As the world's only 100% fair trade lender, we pool money from our UK members and lend over £30 million annually to fair trade businesses throughout the world. Our fair trade partnerships extend across 36 countries with thousands of people benefiting directly from our work each day. We provide finance for farmers

and handicraft makers in the developing world, who struggle to access loans and credit at an affordable rate elsewhere. Our support is practical and our success stories show it works – every £1 you invest is loaned out time and time again. We invest in a fairer world, with justice not profit as the bottom line.

I'D LIKE TO FIND OUT ABOUT INVESTING IN A FAIRER WORLD. PLEASE SEND ME MORE INFORMATION ABOUT SHARED INTEREST.

My name: _____

Address: _____

Email: _____

Telephone: _____

RETURN ADDRESS

Shared Interest
 FREEPOST NT1883
 Newcastle upon Tyne
 NE1 1BR

www.shared-interest.com

SHARED INTEREST
 INVESTING IN A FAIRER WORLD

5 FAIR BUYS

Make a real difference by treating yourself to some of these fabulous Fairtrade products...

Divine indulgence

By treating yourself to a Divine Fairtrade Easter Egg, you're helping to improve the livelihood of smallholder cocoa producers in West Africa. Divine also produce a range of beverages and chocolate bars.

• Divine • www.divinechocolate.com

Fashion conscience

ASOS.com have launched the Green Room, an online marketplace which sells a range of Fairtrade clothing to help promote people and the planet.

• www.asos.com • Range priced from £15-£75

A Fair blend

This brand new product is made from a blend of olive oils grown in family owned groves in the Jenin area of the West Bank. By choosing their Fairtrade oil over a non-ethical brand, you will be helping to alleviate poverty in the area, and create jobs to allow farmers to support their families.

• Equal Exchange
• www.equalexchange.co.uk

Swap your soap

This luxurious Fairtrade liquid soap is made by hand, using traditional methods and natural Fairtrade-only ingredients. It also comes in bars.

• Bubble and Balm
• www.bubbleandbalm.co.uk

Have a break...

Give cocoa farmers on the Ivory Coast a break by buying a new Fairtrade KitKat, and help them get proper agricultural training, education and healthcare.

• Nestlé • <http://kitkat.co.uk>
• Available in all good stores



News

Keep right up to date with local Fairtrade activity by contacting your network



Poster Design Competition

Above: South Gloucestershire Primary Schools poster design competition prize giving event. Councillor Shirley Holloway (Chair)

awarded the prizes to the winners. Also present at the event was Claudia Lopez, a Fairtrade producer from Nicaragua.

A fair exchange for local schools

As part of their Global School Partnership Programme one member of staff and three students from Brimsham Green School, Yate, will be visiting Hosanna school in Uganda in July 2010, as well as the Mabale Tea Factory – a Fairtrade tea producer. Mabale became Fairtrade certified in 1997 and the Fairtrade premium paid is making a valuable contribution to the factory, its members and the wider community. Mabale is located at an altitude of around 1,500 metres on the lower slopes of the

Rwenzori Mountains, Uganda's main tea growing area. It's a farmer-owned enterprise, comprising a tea processing factory, two tea estates and a eucalyptus plantation that provides fuel for the factory furnace.

Some of the projects that the Fairtrade Premium has enabled to happen at Mabale are: 39 roadside leaf collection sheds so that farmers can store their leaf in cool, dry conditions; 100km of road improvements, connecting farms to the local roads; prioritising safe water in the community by building

30 metre deep wells with concrete covers to protect them against contamination; a healthcare unit with dispensary has been constructed at the factory, as well as a new workers' block with toilets, locker rooms, a rest room, kitchen and canteen where employees can relax and eat.

With the help of DFID grant funding, Brimsham Green School has been working with Hosanna school since 2007 and in 2010 the three students will be looking at how to share curriculum lessons and experience with pupils in Uganda.

Melanie's Kitchen

Melanie's Kitchen specialises in West Country produce bought locally from the producer where possible – which is the very essence of Fairtrade.

At Melanie's Kitchen customers can ask questions and learn the provenance of the food and drink they sell. They see Fairtrade as not only about helping the third world, but also supporting local producers. Local food helps the economy to grow and generally has a lower impact on the environment.

When they looked at serving tea, coffee and chocolate in the shop they tasted lots of brands before settling on Fairtrade for



all three – the main criteria being that it had to taste great! Now, Melanie's Kitchen sugar sachets are also certified Fairtrade and the milk they use is local. Fairtrade tea, coffee and chocolate, plus other products, are also available to buy.

Melanie's Kitchen
(Good Food, Real Ingredients)
2 Downend Road
Downend
Bristol BS16 5UJ
Tel: 0117-957-2662
www.melanieskitchen.co.uk

South Gloucestershire becomes a Fairtrade District!

South Gloucestershire has earned the much coveted title of Fairtrade status, which means it has made a commitment to supporting the Fairtrade movement and using products with the Fairtrade Mark across the district.

South Gloucestershire Council has worked alongside community organisations, businesses, schools and individuals to pledge to do what they can to support Fairtrade and promote the Fairtrade Mark.

Councillor Shirley Holloway, Chairman of South Gloucestershire Council, said: "This is a terrific achievement for everyone involved in getting the Fairtrade status for South Gloucestershire. There are strict goals set by Fairtrade to achieve this status and the efforts of everyone in South Gloucestershire have meant we have excelled in meeting these challenging goals."

Schools, churches and community groups carry out numerous activities during the year

in support of Fairtrade – and the South Gloucestershire Fairtrade Network and South Gloucestershire Fairtrade (the steering group co-ordinated by the Council) have also been involved with organising several events to promote Fairtrade, including a poster design competition held amongst primary school pupils.

Hannah Reed, Campaign Manager at the Fairtrade Foundation said: "It has been a pleasure to learn more about what's been happening in South Gloucestershire over the years. The panel were particularly impressed by the creative events organised and the packed programme planned for Fairtrade Fortnight in particular. Please do pass on our thanks to everyone involved for all their hard work and commitment – this really does make a massive difference to the farmers that need Fairtrade most."

Fairtrade update

South Gloucestershire Council worked hard towards helping the district to achieve Fairtrade Status, and continues to promote Fairtrade products via its catering service and at all meetings. At present 23 Primary and 9 Secondary schools use Fairtrade tea and coffee, and all schools regularly receive a supply of Fairtrade pasta. A Fairtrade drinks machine has also been installed at Sir Bernard Lovell Secondary.

For more information, search for 'Fairtrade' on www.southglos.gov.uk.

GET INVOLVED

If you'd like to find out more about Fairtrade, or you want to order more copies of this directory, please call 01454 863883 or email fairtrade@southglos.gov.uk. You can also visit www.sgftn.co.uk.

Heaven sent!



Fairtrade chocolate people Divine have launched a new sophisticated Milk Chocolate Easter Egg which comes boxed with six champagne flavoured milk chocolate truffles.

As with all Divine products, the egg is Fairtrade certified and made using only cocoa beans and cocoa butter from farmers in Ghana who belong to the Kuapa Kokoo Co-operative. Because the farmers own a 45 per cent stake in Divine Chocolate, they also receive a share of Divine profits as well as a fair price for their produce. Providing their production methods meet internationally audited conditions regarding, for example, minimum health and safety conditions and that the organisation is democratically run, the producers also receive the security of long-term trading contracts. All good reasons to treat yourselves!

More good news came this year, as Organic chocolate maker Green & Black's have also pledged to switch its entire worldwide food and drink range to Fairtrade by the end of 2011, a move that will make it the world's leading manufacturer of organic Fairtrade chocolate.



The Joy of Food

South Gloucestershire Council was busy promoting Fairtrade products at the Joy of Food event, held in The Mall, at Cribbs Causeway. The team were giving away free samples of Fairtrade coffee, smoothies, bananas and snack bars, as well as providing information to help shoppers be more aware of the ethical choices available and where to buy products. The team on the day (pictured from

left) included Val Harding, Denise Smith and Pete Vallance (Co-operative Membership).

Talking about the importance of supporting Fairtrade, Val Harding, Local Food and Environmental Promotions Officer for South Gloucestershire Council, said "Thinking about how we shop can do so much towards improving the lives of many producers in the Third World."

South Gloucestershire Council lend their support to Fairtrade

South Gloucestershire Council are delighted to be supporting Fairtrade in 2010 by sponsoring this Directory, which is the fourth that has been produced in the area.

We are immensely proud of having achieved Fairtrade Status for South Gloucestershire in July 2009, and we hope to continue to count on the support of our residents and business to maintain this.

We would like to thank the members of South Gloucestershire Fairtrade Network (SGFTN; www.sgftn.co.uk) and all of our Fairtrade suppliers for their continued hard work in supporting Fairtrade locally.

John Calway
Leader of the Council and
of the Conservative Group

Ruth Davis
Leader of the
Liberal Democrat Group

Roger Hutchinson
Leader of the
Labour Group

21 December 2009

Fair Traders

We talk to two of South Gloucestershire's Fairtrade pioneers to find out how they support the movement...



SEE LISTINGS FOR MORE INFO

Romy's Kitchen

Tell us a bit about yourself and your business...

“I started my business one year ago with cookery classes, but it has now branched to catering, cookery demonstrations, and local food fairs. I'm also in the middle of launching my own Indian sauces and spices, and am looking for premises in Thornbury to sell my produce.”

What Fairtrade products do you use?

“I use Fairtrade beans and pulses for my bean salad, and Fairtrade and organic spices. I try to use as many Fairtrade and organic products in my business and at home, and I also use a lot of local produce, especially if I can't use Fairtrade items.”

Where do you buy your products?

“I buy most of the products from an organic co-operative in Bristol, which also sells a range of Fairtrade products.”

How else do you support Fairtrade?

“I talk in local schools about Fairtrade and why it's important, and at home my girls recognise the Fairtrade Mark. I always try to buy Fairtrade fruit, tea, coffee, sugar, honey and hot Chocolate. I also encourage people I come across to use Fairtrade.”



SEE LISTINGS FOR MORE INFO

UWE – University of the West of England

Tell us a bit about yourselves...

“UWE Bristol is one of Britain's most popular universities, with around 30,000 students and 3,000 staff. It's the largest provider of Higher Education in the South West of England and has four campuses in and around Bristol.”

What Fairtrade products do you sell?

“UWE gained Fairtrade University status in 2007, but was selling Fairtrade products well before this date. Our Student Union offers a range of Fairtrade goods, including snacks, soft drinks, wine and clothing, and our catering outlets also sell Fairtrade snacks and drinks, including Ubuntu cola.”

Why is it important to sell Fairtrade products?

“Because UWE takes its corporate and social responsibility seriously. The advent of Fairtrade was a milestone in ethical trading, and UWE not only wishes to support fair and sustainable trade as part of its strategy, but also to communicate the importance of these issues and to engage the support of staff, students and visitors alike. We also source local produce where we can, and hold a farmers' market for eight months of the year – which of course has a regular Fairtrade stall!”

An organic relationship

Sailesh Patel tells us why sustainable and Fairtrade cotton farming work so well together

Sailesh Patel is the Project Manager at Agrocel, a Gujarat-based organic and Fairtrade farmers' support network with 12 rural centres across India. Working with a selected group of local farmers they produce Fairtrade and organic cotton, and in partnership with People Tree, they have created a complete supply chain for certified organic textile products in India.

For Sailesh, working with cotton farmers to produce a Fairtrade product is important for a number of reasons – not least because of the damage modernisation has done to his country. “The Indian way of life is very simple. My father and I used to go into the nearest town about once every 15 days with everything we wanted to take in cloth bags, no plastic,” explains Sailesh. “But modernisation has come along and tried to impose methods that use lots of natural resources like water, and chemical fertilisers and pesticides which ultimately make the soil less fertile. This modernisation has taught the farmers bad practices that are not sustainable.”

Farming Fairtrade cotton is a labour-intensive process. Because Agrocel farmers use organic

pesticides (which take two days to apply to one acre of land) and sow seeds manually (which takes five to six labourers one day to do), a fair wage is important to them. “95% of our farmers are small and tribal farmers working manually,

“Farmers receive up to 30% more money for their cotton when it's Fairtrade...”

ploughing and harvesting with little or no machinery,” reveals Sailesh. “Farmers receive up to 30% more money for their cotton when it is organic and Fairtrade. This is important in India where 64% of the population depends on agriculture to make a living.”

But more than that, the sustainability of what Agrocel do is key to their work ethic. “Our company wants to help not only the farmers but the workers, weavers, dyers and embroidery artisans. There has been a bitter modernisation cycle in India. It should be Fairtrade on both sides – if it is just farmers who benefit, it is a relatively small return, but if you add hand production, thousands more stand to gain.”

Sailesh prioritises where the cotton goes, choosing those who use the handloom over factory production – for example, the 800 handlooms in the Calcutta Khadi project provide around 1,000 people with employment.

And it's the ties between Fairtrade and sustainable production which Agrocel is very interested in. “Handweaving does not damage the environment. Handlooms do not give off CO₂, unlike machine looms which do through burning oil – another reason why it is so important to support these kinds of hand skills.”

So how will Agrocel spread the benefits of organic and Fairtrade farming to more farmers? “Agrocel is expanding its Fairtrade and organic networks, so our work is now in five states,” says Sailesh. “Many people now come to us asking for advice on how to set up projects like ours. Maybe one day we will help African farmers too.”

Finally, Sailesh reveals why Fairtrade and sustainable farming are so important to India: “There is a desperate need to do things differently and improve the situation for the farmers. With proper planning and development activities like Fairtrade, we can change this. Organic farming creates much more employment than conventional farming.”



Most farmers work by hand



Sailesh, Agrocel Project Manager

In your basket



Pure&Soft Fairtrade organic cotton

This exciting new Fairtrade cotton wool range is made from 100% pure cotton and is ideal for all cosmetic, baby and healthcare needs. Available as cotton balls, pads and buds, all priced at £1.99.



Fairtrade and organic bed linen

John Lewis produce a

range of Fairtrade cotton bed linen, from fitted sheets and pillow cases to throws and duvet covers. To find out more visit www.johnlewis.com.



Emma Watson at People Tree

Actress Emma Watson has introduced a new clothing range for young people, including fairly traded and Fairtrade cotton pieces. To view the whole range visit www.peopletreeyouth.com.



Agrocel helps Fairtrade farmers go green

Beginners' Guide to Fairtrade

Find out all you need to know about Fairtrade, and how you can help to change the world...

Why do we need Fairtrade?

“The small farmers and workers who grow our coffee, tea, cocoa, cotton and bananas often don't get the money they deserve for their crop.

They can really suffer because of this and it can lock them into a needless cycle of poverty. And when world commodity prices fall, as they have done massively over the last 30 years, it's these growers who feel the pinch first. Their income can drop to levels that don't even cover production costs, making it hard to provide for their families and maintain their farms. This is where Fairtrade comes in.”

Okay, so what can I do about it?

“As consumers, we have the power to do things differently, and the power to make a positive difference to the lives of the growers and workers in the southern hemisphere.

Whenever you buy a product that bears the FAIRTRADE Mark, you know that the farmers have received a fair price for their produce.

Farmers in the Fairtrade scheme also get a price that covers the cost of sustainable production, no matter how low the market goes. Fairtrade also requires long-term relationships with buyers, helping growers plan confidently for the future. In short, trade can be fair.

In addition to this fair price, Fairtrade producers get an extra sum of money, called the Fairtrade Premium. This must be spent on things for the local community, such as improved sanitation, water supplies or education.”

Fairtrade Premium – what's that?

“Producer organisations receive an additional Fairtrade Premium of, for example, ten cents per pound of coffee.

The farmers themselves decide how this extra money is spent. It

“As consumers, we have the power to do things differently”

can be used to build schools, health centres or social facilities, although it may also be used to enable growers to improve their productivity or help reduce their reliance on a single commodity.

Producers are accountable for their use of the Fairtrade Premium to Fairtrade Labelling Organizations International (FLO). FLO is the international body responsible for setting Fairtrade standards and certifying producer organisations, and the Fairtrade Foundation is its UK member.”

What about factory or plantation workers?

“The vast majority of coffee and cocoa is grown by small, independent farmers, who are working their own land and marketing their produce via a local co-operative.

For these producers, getting a fair price for their beans is often the most important aspect of Fairtrade. Most tea, however, is grown on estates. The main concerns for those workers who are employed on tea plantations are fair wages and decent working conditions.

There is, therefore, a separate set of Fairtrade standards applied to organised workers, whose



A Fairtrade story... James Adiyah

James Adiyah has a party trick he uses whenever he talks to people about Fairtrade. He pulls a pair of reading glasses from his pocket and says, "I call these my Fairtrade glasses." It's a simple point, but one powerfully made, for without the regular income guaranteed by Fairtrade, James would no longer be able to read. This 63-year-old farmer holds a distinguished

position in his community (he is a recorder, and weighs collected cocoa to ensure fairness in all payments) and is married with seven children. He grows cocoa in Ghana for Kuapa Kokoo, a co-operative that owns a significant part of Divine Chocolate. Thanks to Fairtrade, James has been able to educate his children, several of whom are studying at university.

employers must pay a fair wage, guarantee the right to join trade unions and provide good housing where relevant. Of course they also benefit from the Fairtrade Premium spent on products of their choosing.

On plantations and in processing factories, minimum health and safety standards, as well as environmental standards, must be complied with."

How are standards maintained?

"Trade terms, contracts and working conditions are checked regularly, as is the use of funds from the Fairtrade Premium. This work is carried out by FLO."

So what Fairtrade products can I buy?

"There are over 4,500 products licensed to carry the FAIRTRADE Mark in the UK, and many of them are available in your local store. You can get a huge range of items, with everything from fruit to cotton clothing, and the choice is growing all the time. If your store doesn't have the product you want, please ask the manager to stock it for you."

What about 'fairly traded' goods?

"Many organisations and companies apply ethical fair trade principles to their business.

These include Traidcraft, Equal Exchange, People Tree and Oxfam. However, the FAIRTRADE Mark appears only on products meeting internationally recognised Fairtrade standards. If the product does not carry the Mark, you need to ask questions. This doesn't mean that anything not carrying the FAIRTRADE Mark isn't trustworthy, just that you need to be healthily sceptical about it."

How about Fairtrade and organic food?

"There's a wide choice of organic products carrying the FAIRTRADE Mark and the range is increasing.

Fairtrade standards require producer organisations to protect the natural environment and to progressively reduce the use of artificial fertilisers and pesticides. Conversion to organic practices is encouraged where socially and economically feasible."

Seven million reasons to buy Fairtrade...

"The Fairtrade market in the UK reached an estimated retail value of £712 million in 2008.

Globally, consumers spent around £1.6 billion on Fairtrade products in 2007. 2008 saw a 43% increase in the retail value of Fairtrade products, which directly benefited over seven million people in 58 countries."



What is the FAIRTRADE Mark?

The FAIRTRADE Mark is the only independent consumer guarantee that disadvantaged producers in the developing world are getting a better deal. By choosing to buy Fairtrade, you can be sure that you're making a difference.

The lifecycle of a Fairtrade tea leaf

Follow the amazing journey of a tea leaf as it makes its way from plant to teapot

1 Tea grows on bushes!

We all love a good cuppa, but did you know there are 1,500 varieties of tea which are grown in 36 countries across the world? The flavour and characteristics of tea are dependent on the soil, altitude and climate of where the leaf is grown. Tea leaves grow on bushes, which can reach up to 14 metres if left unpruned. The bushes come from cuttings which are normally kept in a nursery until they are strong enough to be planted outside on terraces.

Food for thought
To learn more, visit www.equalexchange.co.uk



Stage One



2 Picking and plucking

When they are ready to be turned into tea, the leaves are plucked and collected in a basket or bag carried on the worker's back. A skilled worker – or plucker – can pick between 30-35 kilograms of leaf in one day, enough to make around 13,215 tea bags. Traditionally, only the new shoots – two leaves and a bud – are plucked. The plucked green leaf is then moved to the factory where it is made into tea, a process which must be done as soon as possible on the same day as the leaf is picked, to ensure the highest standards of freshness and flavour.

Stage Two



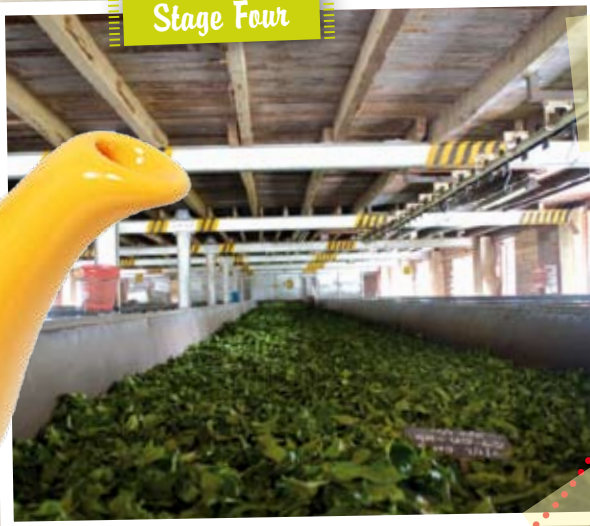
5 Over to you...

In the UK we drink 165 million cups of tea a day – that's a whopping 60.2 billion per year! A massive 66% of the British population drink tea every day, and more than 15 million people in the developing world rely on the tea trade to make a living. However, currently only 10% of what is sold in the UK is Fairtrade, and with Fairtrade tea producers still struggling thanks to declining tea prices, it's more important than ever that we buy Fairtrade tea. Remember, you have the power in your pocket to make a difference.

Stage Five



Stage Four



4 Making the tea

The leaves are weighed before being taken to the factory for processing. Once at the factory, the plucked leaves are spread over a large tray and left to wither for between 10-16 hours. The withered leaf is then crushed by a machine so that the natural juices – or enzymes – are released, and on contact with the air they oxidise. The broken leaf is then laid out for 3-4 hours to ferment, after which the leaf is dried before being graded, sorted and packed.

3 A Fair cuppa

There is no set international market price for tea. Prices are fixed at regional auction. Fairtrade is important in the tea industry. Producers get a price that covers the cost of production, and a Premium for estate workers or small-scale farmers to invest in community improvements like clean water.

After plucking, Fairtrade tea farmers sell their leaves to their local tea production factory. For example, the Mabale Growers' Tea Factory in Uganda buys freshly picked leaves from more than 1,500 registered tea growers, 1,000 of whom are shareholders.

Stage Three



In your basket



Organic Fairtrade Teabags
Ideal for your everyday cuppa this is a

blend of north and south Indian teas from smallholder farmers. A blend for everyone to enjoy. Price: £2.59



Organic Earl Grey Tea
A blend of the best-quality Darjeeling and Assam teas, flavoured with natural bergamot to

give a refreshing cup. £2.49

Find your local stockist at www.equalexchange.co.uk

SOUTH GLOUCESTERSHIRE DIRECTORY

Your at-a-glance guide to Fairtrade suppliers and supporters throughout the area...



SHOPS

Asda

- Highwood Lane, Patchway, BS34 5TL
☎ 0117 317 2400
- Craven Way, Longwell Green, BS30 7DY
☎ 0117 960 3947

www.asda.co.uk
Hot drinks, cold drinks, food, snacks, household goods

Bridge Valley Beverage Systems

- ☎ 0117 947 7777
29-33 Douglas Road, Kingswood, Bristol, BS15 8NH
Hot drinks

Boots

- ☎ 0117 9509744
116 The Mall, Cribbs Causeway, Shopping Centre, Patchway, BS34 5UP
www.boots.com
Tea, coffee

The Coffee Bean

- ☎ 01454 321112
74 Broad Street, Chipping Sodbury, BS37 6AG
Hot drinks

The Co-operative

- 9 High Street, Thornbury, BS35 2AE
☎ 01454 417214
- 6 Dragon Road, Winterbourne, BS36 1BQ
☎ 01454 772341
- 7 Coniston Road, Patchway, Bristol, BS34 5PA
☎ 0117 969 8563
www.co-operative.coop
Food, hot drinks, cold drinks, snacks

Cotswold Vintners

- ☎ 01454 325124
29 High Street, Chipping Sodbury, BS37 6BA
Alcoholic drinks

Cromhall Community Village Shop

- ☎ 01454 299190
Townwell, Cromhall, GL12 8AQ
www.cromhall.com/community/shop
Hot drinks, food

Healthfare Trading

- ☎ 01454 619990
24 Purton Close, Kingswood BS15 9ZE
www.fairtradebristol.co.uk
Hot drinks, snacks, cold drinks

Health Scents Ltd

- ☎ 0117 970 1582
Natural Therapy Centre
14 Broad Street, Staple Hill, Bristol, BS16 5NX
Food, hot drinks

Health-wise

- ☎ 01454 322168
27 North Walk, Yate, BS37 4AP
Hot drinks, snacks

Holland & Barrett

- Unit 36, Lower Level, The Mall, Cribbs Causeway, BS34 2GG
☎ 0117 959 2270
- St Mary Centre, Thornbury, BS35 2BH
☎ 01454 417201
www.hollandandbarrett.com
Snacks, food

J&P Adams Newsagent

- ☎ 01454 773378
66 Bradley Avenue, Winterbourne, BS36 1HS
Snacks

John Lewis

- ☎ 0117 959 1100
The Mall, Cribbs Causeway, BS34 5QU
www.johnlewis.com
Hot drinks, snacks, clothing, flowers, household goods

Julian Graves

- 13 St Mary Centre, Thornbury, BS35 2AB
☎ 01454 416135
- East Walk, Yate, BS37 4AS
☎ 01454 325901
www.juliangraves.com
Cold drinks, snacks, food

Londis

- ☎ 01454 632321
Pilning Post Office, Redwick Road, Pilning, BS35 4LQ
www.londis.co.uk
Hot drinks, alcoholic drinks

Marks & Spencer

- ☎ 0117 904 4444
The Mall, Cribbs Causeway, BS34 5QT
www.marksandspencer.com
Hot drinks, cold drinks, food, snacks, clothing, household goods

Monsoon

- ☎ 0117 950 4175
Unit 157-158, The Mall, Cribbs Causeway, BS34 5UR
www.monsoon.co.uk/icat/accessorize
Clothing

Morrisons

- Station Road, Yate, BS37 5PW
☎ 01454 311674
- Cribbs Causeway, Lysander Road Bristol, BS10 7UD
☎ 0117 950 9103
www.morrisons.co.uk
Hot drinks, cold drinks, snacks, food

Nature's Genius

- ☎ 0117 958 4996
773 Fishponds Road, Bristol, BS16 3TT
www.natures-genius.com
Hot drinks, food, snacks

Oxfam

- ☎ 01454 414846
39 High Street, Thornbury, BS35 2AR
www.oxfam.org.uk
Hot drinks, cold drinks, food, snacks, household goods

Sainsburys

- Emersons Way, Emersons Green, BS16 7AE
☎ 0117 956 1527
- Fox Den Road, Stoke Bishop Bristol, BS34 8SS
☎ 0117 935 2440
- 13 Kings Chase, Kingswood, BS15 8LP
www.sainsburys.co.uk
Hot drinks, cold drinks, food, snacks

The Roast & Post Coffee Company

☎ 01454 41747

Bridgeview House, Redhill Lane,
Elberton, BS35 4AE
www.realcoffee.co.uk
Hot drinks

Tesco

– Bradley Stoke Centre, Bristol,
BS32 8EF

☎ 0845 677 9088

– 12 East Walk, Yate, BS37 4AS

☎ 0845 677 9756

– Midland Way, Thornbury, BS35 2BS

☎ 0845 677 9679

www.tesco.co.uk

Hot drinks, cold drinks, snacks, food

Tesco Express

– 96 Station Road, Yate, BS37 4PH

☎ 0845 026 9132

– Brimsham Park, BS37 7PQ

☎ 0845 026 9420

www.tesco.co.uk

Hot drinks

Topman

☎ 0117 950 5367

Unit 25, Lower Level, The Mall, Cribbs
Causeway, BS34 5GF
www.topman.com
Clothing

Topshop

☎ 0117 950 1370

The Mall, Cribbs Causeway, BS34 5GF
www.topshop.com
Clothing

Tytherington Village Shop

☎ 01454 417618

Itchington Road, Tytherington, GL12 8QE
Hot drinks, food

Visionary soap

www.visionarysoap.co.uk

REFRESHMENTS

Baptist Church Coffee Lounge

☎ 01454 419118

Gillingstool, Thornbury, BS35 2EG
www.thornburybaptistchurch.co.uk
Hot drinks, cold drinks, snacks, food

The Barrel Inn

☎ 0871 917 0007

St Mary Street, Thornbury, BS35 2AB
www.beerinthevening.com/pubs/
s/24/24598/Barrel_Inn/Thornbury
Hot drinks

Blend Café Lounge

☎ 07735 405175

65 High Street, Thornbury, BS35 2AP
www.blendcafe.co.uk
Hot drinks

Brockeridge Centre Café

☎ 01454 864 442

Woodend Road, Frampton Cotterell,
BS36 2LD
Hot drinks

Cafe Oasis

☎ 0117 956 8238

115 High Street, Staple hill, BS165HF
www.bcfnet.com/about/Cafe
Hot drinks, food

Costa Coffee

– The Mall, Cribbs Causeway, BS34 5DG

☎ 0117 959 2136

– Centaurus Road, Cribbs Causeway,
BS34 5TS

☎ 0117 950 1554

– Unit 10, Town Square, The Brook
Centre, Bradley Stoke, BS32 8EF

☎ 01454 619326

www.costa.co.uk

Hot drinks

Morrisons Revive Café

☎ 0117 904 4444

Cribbs Causeway, Lysander Road, Bristol
BS10 7UD

www.morrisons.co.uk

Hot drinks

Downend Farmers' Market

☎ 0117 956 7001

Christchurch Hall, North Street,
Downend, Bristol

www.severnfarmersmarkets.org.uk

Hot drinks

Heritage Gifts Coffee Lounge

☎ 01454 415096

24 High Street, Thornbury, BS35 2AH
www.heritageshops.co.uk

Hot drinks

Just Trade

☎ 0117 908 9867

Christ Church Parish Hall Annexe, 57
North Street, BS16 5SG
Thursday 9am-5pm

Hot drinks, snacks, food

Lifestyle Cafe

☎ 01454 868650

Ridgewood Centre, 244 Station Road,
Chipping Sodbury, BS37 4AF
www.southglos.gov.uk

Hot drinks, cold drinks, snacks

Marks & Spencer

☎ 0117 959 0614

The Mall, Cribbs Causeway, BS34 2GG
www.marksandspencer.co.uk

Hot drinks, food, snacks, household goods

Old School Rooms Coffee Shop

☎ 0117 969 2486

St Michael's Church, The Green, Stoke
Gifford, BS34 8PD

Hot drinks, snacks, food

Pensioners' Drop-in

☎ 01454 412486

Town Hall, High Street, Thornbury,
BS35 2AR

www.mythornbury.co.uk/orgs.php

Hot drinks

The Roast & Post Coffee Company

☎ 01454 417147

Bridgeview House, Redhill Lane
Elberton, BS35 4AE
www.realcoffee.co.uk

Hot drinks

Romy's Kitchen

☎ 01454 806 370

Thornbury, Bristol
romy@romyskitchen.co.uk
www.romyskitchen.co.uk
Food, hot drinks

Ronnie's Restaurant & Coffee Lounge

☎ 01454 411137

11 St Mary Street, Thornbury, BS35 2AB
www.ronnies-restaurant.co.uk

Hot drinks

Soho Coffee Company

☎ 0117 950 2922

Food Court, The Mall, Cribbs Causeway,
BS34 5UR

www.sohocoffee.co.uk

Hot drinks, snacks, food

Starbucks

– Food Court, The Mall, Cribbs
Causeway, BS34 5TQ

☎ 0117 950 2922

– Unit 4, The Avenue, Cribbs Causeway,
Bristol, BS34 5UR

☎ 0117 950 2922

www.starbucks.co.uk

Hot drinks

Starbucks – Shire Hotels

☎ 01454 201090

Lodge on the Parks, Aztec West,
Almondsbury, BS32 4TS
www.starbucks.co.uk

Hot drinks

Turnberrie's Café

☎ 01454 868485

Bath Road, Thornbury, BS35 2BB
www.turnberries.co.uk

Hot drinks

University of the West of England

Student Union Shop ☎ 0117 965 6261

Frenchay Campus, Coldharbour Lane
Frenchay, BS16 1QY
www.uwe.ac.uk

Hot drinks, snacks, alcoholic drinks,
clothing, food

The Wheatsheaf Pub

☎ 01454 412356

Chapel Street, Thornbury, BS35 2BJ
Hot drinks

CHURCHES

Baptist Church

☎ 01454 313 023

High St, Chipping Sodbury, BS37 6AH
www.chippingsodburybaptistchurch.co.uk
Hot drinks, snacks, food

Christ Church Parish Hall

☎ 0117 908 9867

57 North Street, Downend, Bristol,
BS16 5UF
www.christchurchdownend.com
Hot drinks, snacks, food

Christ the Rock Church

☎ 01454 862626

King Edmund Community School,
Sundridge Park, Yate, BS37 4DX
www.king-edmund.com
Hot drinks

Fairtrade Directory 2010

Methodist Church Weekly Stall

Moorland Road, Yate, BS37 4BZ
admin@yatemethodist.info
www.yatemethodist.org.uk
Hot drinks, snacks, food

St Helen's Church ☎ 01454 414810

Greenhill, Alveston, BS35 3QT
www.sthelenalveston.org
Hot drinks

St James the Less ☎ 01454 228324

Iron Action
www.ironactionvillage.info/st_james_the_les
Hot drinks, snacks, food, crafts, jewellery

St John's Church

☎ 01454 325160 / 01454 312153
Wickwar Road, Chipping Sodbury,
BS37 6BQ
www.stjohns-cs.co.uk
Hot drinks, food, snacks

St Mary's Church ☎ 01454 311483

Church Road, Yate, BS37 5BG
www.saintmaryschurchyate.org.uk
Hot drinks, snacks

St Mary's Church ☎ 01454 311483

St Mary's Church with St Paul's, Church
Road, Castle Street, Thornbury,
BS35 1HQ
www.saintmaryschurchyate.co.uk
Hot drinks

St Nicholas Church ☎ 01454 322921

Chargrove, Abbotswood, Yate, BS37 4LG
www.achurchnearyou.com/stnix/
Hot drinks

St Saviour's Church ☎ 01454 775129

Beesmoor Road, Coalpit Heath,
BS36 2RP
www.coalpitheath.org.uk
Hot drinks

Thornbury United Reformed Church

Chapel Street, Thornbury
www.thornburyurc.org
Hot drinks, snacks, food, jewellery

Zion United Church ☎ 01454 778616

Woodend Road, Frampton Cotterell,
BS36 2HY
www.zionunitedchurch.co.uk
Hot drinks, cold drinks, crafts, household
goods, clothing, snacks

WORK PLACES

Airbus UK ☎ 0117 969 3831

New Filton House, Filton, BS99 7AR
www.airbus.co.uk
Hot drinks, food

Christian Aid ☎ 01454 415923

57 High Street, Thornbury, BS35 2AP
www.christian-aid.org.uk
Hot drinks, cold drinks, alcoholic drinks

Dodington Parish Council

☎ 01454 866546
Finch Rd, Chipping Sodbury, BS37 6JZ
www.dodingtonpc.org.uk
Hot drinks

Emersons Green Village Hall

☎ 01454 862182
Emersons Way, Emersons Green, Bristol,
BS16 7AP
www.egvh.org.uk
Hot drinks

Sodbury Town Council

☎ 01454 864666
76 Broad St, Chipping Sodbury,
BS37 6AG
www.sodburytc.co.uk
Hot drinks

South Gloucestershire Council

☎ 01454 863883
Castle St Offices, Thornbury, BS35 1HF
www.southglos.gov.uk
Hot drinks, snacks, fruit, cold drinks

Yate Town Council ☎ 01454 866506

Poole Court, Poole Court Drive, Yate,
BS37 5PP
www.yatetowncouncil.gov.uk
Hot drinks, snacks

Frenchay hospital ☎ 0117 970 1212

Frenchay Park Road, Frenchay, BS 1LE
www.nbt.nhs.uk
Hot drinks, snacks

Ministry of Defence ☎ 07880 785124

DE&S MOD, Abbey Wood, Stoke Gifford,
BS34 8JH
www.ocs.co.uk
Hot drinks

Rolls Royce ☎ 0117 923 6459

PO Box 3, Filton, Bristol, BS34 7QE
www.rolls-royce.com
Hot drinks, food

Every effort is made to ensure that these listings are accurate and up to date at the time of this directory going to print. If you spot a mistake or an omission, please let your local Fairtrade Network know, using the contact details in the News section. If we've got something wrong, we're sorry, but please bear in mind that these listings are compiled by volunteers who are working in their spare time.



Trading fair

The Co-operative is passionate about Fairtrade and has been an ethical trader for over 160 years

The Co-operative, along with the Somerfield chain of stores which has recently been acquired by The Co-operative Group, continues to lead on fair and ethical trading and has played a significant part in making the UK the largest market for Fairtrade products in the World.

The Co-operative has continued to pursue a market leading Fairtrade strategy for over a decade, which has included; the launch of the UK's very first Fairtrade bananas, the first swaps to 100% Fairtrade

own chocolate bars and coffee, and the first to launch grapefruits, pineapples, mangoes, grapes, cotton shopping bags and fairly traded wine.

The Co-operative was also first to swap its entire hot drinks range to Fairtrade – with the award winning and much loved 99 Tea to speciality teas including the bright and uplifting English Breakfast and the delicately bergamot infused distinctive Earl Grey.

With the widest range of Fairtrade food products available, why not pop along to your local

Co-operative or Somerfield store and make the swap to Fairtrade today?



The **co-operative**
good with food

WIN!



HOW TO ENTER

It's simple to enter – email your answer to theco-operativevouchers@faragherjones.com or pop your answer on a postcard, along with your name, address and phone number, and send it to The Co-operative Voucher Competition, Faragher Jones, 3 Monmouth Place, Bath, BA1 2AT.

TERMS AND CONDITIONS

1) This competition is open to UK residents aged 18 and over, excluding employees and immediate families of participating Co-operative Societies, their agents and anyone else professionally connected with this competition. 2) There are five £100 vouchers to be won. The Co-operative gift vouchers are redeemable at all societies including Somerfield; they can be used in full or part payment for goods and services offered at your local Co-operative Food store. The vouchers cannot be exchanged for cash nor will they be accepted by banks. The Co-operative cannot be liable for lost, damaged or stolen vouchers. 3) Closing date for entries is midnight 1st September 2010. 4) NO PURCHASE NECESSARY. Simply email your answer to theco-operativevouchers@faragherjones.com or put your answer on a postcard or sealed envelope with your name, address and phone number to The Co-operative Voucher Competition, Faragher Jones, 3 Monmouth Place, Bath BA1 2AT. 5) The winners will be the first five entries drawn by the judges on the basis of answering the question correctly. They will be selected on 2nd September 2010 and the Promoter's decision is final and binding in all matters. No correspondence will be entered into. 6) Winners will be notified within six weeks of the competition ending. No cash or other alternatives to the prize stated will be offered. In the event of unforeseen circumstances, the Promoter reserves the right to offer an alternative prize of equal value. 7) The winners may be required to take part in publicity in connection with this competition. 8) By entering this competition, you agree to be bound by these Terms and Conditions. Any breach of these Terms and Conditions will result in a forfeit of the prize. 9) No responsibility will be accepted for lost, delayed or illegible entries. Proof of posting is not proof of receipt. 10) The five winners will be notified within 28 days of the closing date. 11) The names and counties of the winners cannot be obtained by sending a stamped self-addressed envelope to Miss Kerry, The Co-operative Food, Dantzig Building, 4th Floor Dantzig, Dantzig Street, Manchester, M60 0AF.

Co-operative shopping vouchers for 5 lucky readers

Be one of the lucky people to win £100 of shopping vouchers, compliments of The Co-operative Food!

The Co-operative are the UK's leading supermarket supporter of Fairtrade and sell a wider range of Fairtrade food products than any other retailer. To help celebrate Fairtrade in 2010, they are offering five lucky readers the chance to win £100 each of The Co-operative shopping vouchers. All you have to do is read the article and above and answer this question:

The Co-operative was the first to switch its entire hot drinks range to Fairtrade, but what was the first Fairtrade tea they produced?

a) Earl Grey b) 99 Tea c) English Breakfast

Swap and make a difference

The Co-operative's commitment to **Fairtrade** is making a visible difference in **Malawi**, where communities are investing in clean water and healthcare.

You can help by swapping your usual cup of tea to The Co-operative **Fairtrade** Tea.

For more information visit
www.goodwithfood.co.uk



FAIRTRADE
FORTNIGHT
2010
THE BIG SWAP
22 FEBRUARY - 7 MARCH
Register your swap at thebigswap.org.uk



The **co-operative**
good with food