



Health in Schools

South Gloucestershire

What is the Health in Schools programme?

The Health in Schools Programme (HiSP) brings together the best evidence based health promotion practice and sets achievable challenges to improve the health and wellbeing for everyone within the school community. HiSP is an award scheme open to all primary, secondary and special schools. It starts with a health and wellbeing self-review capturing what is working well and identifying areas for further development.

There are three levels to apply for:

- 1 Bronze award**
Being a health promoting school
- 2 Silver award**
Measuring healthier behaviour change
- 3 Gold award**
Working in partnership with the community to promote health and wellbeing



Why get involved?

We all want children and young people to be healthy and happy as they grow up. In this context, what happens in a school every day is really important. The benefits also go beyond health and we know that when children are healthy and happy at school, they achieve more.¹

Over a third of all schools in South Gloucestershire are currently enrolled on the programme, so there has never been a better time to get involved and join this momentum to make our children and young people the best they can be.

How to get involved

A cohort of up to 20 schools runs each year; starting in September. Schools demonstrating a range of health promotion activity through completion of the self-review achieve the bronze award. They are then invited to move through the award scheme to achieve silver and gold. If you would like to sign up for the next cohort or would like more information please contact:

Sarah Godsell
healthinschoolprogramme@southglos.gov.uk

What about my previous Healthy School Status?

You may have achieved the old Healthy School Status between 2001 and 2010. This national scheme has now finished and has been updated with the new local Health in Schools programme.



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¹ Public Health England (2014) The link between pupil health and wellbeing and attainment: A briefing for head teachers, governors and staff in education settings.