

## Getting enough food to eat

This list may be helpful if you or your family do not have enough food to eat. It may be helpful to voluntary and community groups too.

The list is in two parts, for people who:

- **Can afford to buy food but are unable to go shopping**
- **Cannot afford to buy food and are unable to go shopping**

The information included is to the best of our knowledge, correct at the time of writing. Please contact us by email with any corrections, additions and suggestions you would like to make.

Disclaimer of endorsement: This summary has been produced to support individuals and families during the Covid-19 situation. South Gloucestershire Council does not endorse any particular commercial product or service and must not be used for advertising or product endorsement purposes.

This document will be updated regularly as and when new information becomes available.

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## Can afford to buy food but are unable to go shopping

**Note:** For cooked/ready cupboard/frozen meals go to Community Meals, Oakhouse Foods, Parsley Box, Wiltshire Farm Foods

### 1. [Aldi Food Parcel](#) (link) **CURRENTLY UNAVAILABLE**

- Online order £19.99 free delivery
- Filled with 21 everyday foods and essential household items, the filled box weighs approximately 14kg, please consider this when ordering
- Aim to deliver Food Parcels within 2-3 working days

### 2. [Amazon Grocery](#) (link)

- Need to be an Amazon Prime member
- Delivery within 40 minutes of Cribbs Causeway

### 3. [Arthur David](#) (link)

- Delivery to all BS and BA postcodes
- Order before 9.00 pm for free next day delivery
- Minimum spend £30

**4. [Asda Food Boxes \(link\)](#)**

- Includes food box bundle (£34), fruit and veg (£17) and mealtime box (£20)
- Free delivery

**5. [Asda cashless Volunteer Shopping Card \(link\)](#)**

- The card is a contactless and secure way for family, friends and volunteers to shop on someone's behalf. No bank or credit card details are exchanged, no cash handled
- Buy the card online and email to the volunteer or print out and leave in a safe place for the volunteer to collect
- The card is used in-store by scanning the barcode and shopping then left in a safe place for the individual. Any money left on the card can be used in the future and the card can be 'topped-up' as necessary

**6. [Community meals \(link\)](#) (formerly known as Meals on Wheels)**

- Traditional, freshly prepared hot lunches delivered to people in their own homes
- Breakfast and tea/light supper options available, delivered with the hot meal
- Can be ordered as frequently as needed
- Delivery service seven days a week, 365 days, welfare checks with all deliveries
- £5.32 for 2 course hot meal, breakfast available from £2.00
- Phone 01454 865996, Friday 8.30 am – 2.30 pm, voicemail outside of these hours
- email: [meals.community@southglos.gov.uk](mailto:meals.community@southglos.gov.uk)

**7. [Iceland delivery \(link\)](#)**

- Free next day delivery when you spend £35 online

**8. [Jimmy Deane's Fruit, Veg and Salad \(link\)](#)**

- Online shop, free delivery, minimum order of £10.00 applies.
- Delivering Monday, Wednesday & Friday to BS37, BS36, Frenchay, Hambrook, Stoke Gifford, Little Stoke, Bradley Stoke, Emersons Green, Lyde Green, Downend, Wick, Pucklechurch and Wickwar. Orders placed after 6pm Friday delivered Monday.
- Thursday delivery only to Thornbury, Hawkesbury Upton, Charfield, Dyrham, ,
- Phone 07495 518832 email: [jimmydeanesfruitveg@outlook.com](mailto:jimmydeanesfruitveg@outlook.com)

**9. [Juice Community Project \(link\)](#)**

- Help with shopping, prescription pick-ups and emergency food parcels
- 50-60 Newton Road, Cadbury Heath, phone 01454 302302

**10. [M & S Food Available at Ocado \(link\)](#)**

- Marks and Spencer food products are available online at Ocado

#### 11. [Morrisons Doorstep Delivery Service](#) (link)

- For people who are elderly, vulnerable, unable to get to the shops, self-isolating living within 10 miles of a Morrisons store.
- Order from an 'Essential list', there is a limit of three per item
- Contactless card payments only to delivery driver, if this isn't possible chip and pin card payments are available but no cash payments accepted
- Phone 0345 611 6111 and select option 5 to order
- Order before 5.00 pm for delivery the next day.

#### 12. [Morrisons Food Boxes](#) (link)

- Boxes include 'meat essentials', 'vegetarian essentials' and ['gluten free food'](#)
- Each box has 20+ items and cost £30-£35.00
- All boxes include next day delivery
- Gluten free box includes items below, or comparable items: semi-skimmed milk, cheddar cheese, carrots, onions, potatoes, peppers, passata, chopped tomatoes, basmati rice, sausages, chicken fillets, minced beef..... Morrisons **Free From** digestives, crackers, cornflakes, fusilli, chocolate oat breakfast biscuits, **GF** bread, brioche burger buns, vegetable stock cubes, cheese sauce mix, veggie straws,

#### 13. [Ocado](#) (link)

- You can register for an Ocado account but due to high demand delivery slots are selling out faster than usual.

#### 14. [Oakhouse Foods](#) (link)

- Choice of 400 frozen ready meals, with home delivery
- Phone: 0333 370 6700 for details and to request a brochure

#### 15. [Parsley box](#)

- Ready meals can be stored in a cupboard and easy to heat in the microwave
- Phone 0800 6127225, email [care@parselybox.com](mailto:care@parselybox.com)
- Order before 3.00 pm, Monday – Thursday for next day delivery

#### 16. [Sainsbury's](#) (link)

- Phone 0800 328 1700, Monday – Sunday, 8.00 am – 11.00 pm.

#### 17. [Sainsbury's cashless Volunteer Shopping Card](#) (link)

- A secure way to allow family, friends and volunteers to shop on someone's behalf
- Available in any amount from £5 minimum up to the maximum value of £250

- For Voucher Express email [Sainsburys@voucherexpress.net](mailto:Sainsburys@voucherexpress.net) or phone customer services 0371 200 1597

#### 18. [Spar \(link\)](#)

- Stores in Frenchay, Mangotsfield, Pucklechurch, Warmley
- Currently no home delivery in South Gloucestershire

#### 19. [Tesco Delivery Saver \(link\)](#)

- Delivery Saver is a subscription-based delivery service, helping to reduce the cost of home deliveries. £7.99 a month or £47.94 one-off payment for a 6 month contract
- For deliveries, the price is £4.50. Tesco call this a 'pick, pack and deliver' charge, for Click +Collect, delivery is £1.50 to cover the 'pick and pack' charge
- A £4 minimum basket charge is added to home delivery orders where the basket value is under £40, no charge if it's over £40

#### 20. [Total Produce \(Bristol\)](#)

- Box scheme (fruit, vegetables, milk, eggs, dry goods etc.) for home delivery or larger quantities for catering
- Phone: 0117 3007530
- email: [tpbristolsales@totalproduce.com](mailto:tpbristolsales@totalproduce.com)
- Also teamed up with [Food to your home](#), delivering soon to South Glos.

#### 21. [Wiltshire Farm Foods \(link\)](#)

- Choice of 300 dishes, delivered by local drivers, phone: 0800 066 2462
- Can order as often or as little as you like, there's no contract

#### 22. [Map: Independent retailers and producers offering local delivery service during lockdown \(Bristol & South Glos.\) \(link\)](#)

## Cannot afford to buy food and are unable to go shopping

#### 1. [Food Club Community Fridge – Patchway/Charlton Hayes](#)

- Food club is an informal partnership between Family Action, Fareshare and Southern Brooks Community Partnership
- Members join for £1/year and then purchase food each week for £3.50/ bag (equivalent to £10 - £15 of food)
- Each club can have up to 50 members a week receiving food
- Members need to live in Patchway / Charlton Hayes
- Phone 0333 5774666, email [communitysupport@southernbrooks.org.uk](mailto:communitysupport@southernbrooks.org.uk)

## 2. **Community Fridge Cranleigh Court Hub, Tyndale Avenue Yate**

- Every Monday 2 - 4 and every Thursday 10.00 – 12 noon
- Surplus food is collected from local supermarkets and available for residents to collect
- email Katie, [katiehanning@southernbrooks.org.uk](mailto:katiehanning@southernbrooks.org.uk) or phone 07971744846

## 3. **Community Fridge at Café Church Bristol** (previously called Amberley Rd. Baptist Church, Stoke Lodge, BS34 6BU)

- Open to everyone, 5 items per person
- Open Mon, Tues, Thurs, Fri 9.30 – 5.00 pm, Wed 9.30 – 8.00 pm, Sun 10.00 – 1.00 pm
- Check the [Facebook page](#) up to date details

## 4. **Free My Meal – South Gloucestershire**

- This group connects free meals with recipients
- Details on [Facebook page](#)

## 5. **Foodbanks** ([link](#))

- Extensive information on the webpage.

## 6. **Juice Community Project** ([link](#))

- Help with emergency food parcels (and shopping, prescription pick-ups)
- No referral needed, encouraging people to go to them
- 50-60 Newton Road, Cadbury Heath, phone 01454 302302

## 7. **Welfare Grant Scheme: Supermarket vouchers (local welfare provision scheme)** ([link](#))

- The Welfare Grant Team can process applications for food, utilities, other essentials
- Phone 01454 868899, 8.45 am – 2.00 pm
- Successful applications for food are awarded supermarket vouchers
- Aim to process applications for food, gas/electricity within 2 working days

## **Buying larger quantities in bulk**

### 1. **Bidfood** ([link](#))

- Wide range of products
- £100 minimum order for delivery, no minimum for click and collect
- Works with Brakes who do most deliveries in South Gloucestershire
- Bidfood don't have a contact number for residents though there is a customer service number on their website.

## 2. [Brakes Food Shop](#) (link)

- Caters for food service businesses, so packs are larger, good for sharing or making community meals in bulk, minimum order value for free home delivery is £75
- Phone 0344 412 9985

## 3. [Total produce](#)

- Larger quantities for catering (fruit, vegetables, cheese, dairy, eggs, dry goods) that can be made up into food parcels
- Phone 0117 3007530, email: [tpbristolsales@totalproduce.com](mailto:tpbristolsales@totalproduce.com)

## Miscellaneous

### [Access and Response Team](#)

- Families with a child(ren) experiencing hardship who do not already have a key worker may also be eligible for support
- Phone 01454 866000 or email [AccessandResponse@southglos.gov.uk](mailto:AccessandResponse@southglos.gov.uk),

### [Free School Meals](#) (link)

- Advice on Free School Meals in South Gloucestershire
- [Free School Meals guidance by](#) Department of Education is updated regularly

### [Healthy Start](#) (link)

- Food and vitamin vouchers mailed directly to eligible families
- Food vouchers can be used in store, not online
- Families will have vitamins posted to them
- Vitamin requests to [healthylifestyles@southglos.gov.uk](mailto:healthylifestyles@southglos.gov.uk) or phone 01454 864005.