

Working Together to Understand and Stop Harmful Sexual Behaviours

When a child presents with harmful sexual behaviour this can be a very confusing and upsetting time for parents.

We are a team of therapists who work with children, young people and families facing this type of difficulty. Social workers can recommend that families meet with us to try and understand and address this behaviour in a helpful and supportive way.



Working in partnership with:



Assessments

Your child may have been referred for an Assessment.

This is to help you and others understand why the harmful behaviour occurred and how likely it is to happen again.

We will:

- Work with you and your child to
- Understand the causes of the behaviour
- Work with you and your child to create a safety plan that will help you support your child to make changes that keep them safe and develop healthy relationships
- Occasionally we may recommend that your child requires further therapeutic intervention to address their sexually harmful behaviour

Therapy for Harmful Sexual Behaviour

Your child may have been referred for **therapy for harmful sexual behaviour**.

This will be to address some of the underlying causes of the harmful behaviour.

Your child has a leaflet which explains the work we will do with them and the family. Ask them to share this with you.

We will:

- Work with your child and family for an agreed number of sessions to find ways to understand and address this behaviour in order to have safe and healthy relationships and friendships
- Listen to you and your child's ideas and concerns
- Be honest and open with you and let you know what we are thinking and doing and who we are talking to
- Treat every family and young person with respect