**CEOP – National Crime Agency Command**

[**https://www.ceop.police.uk/**](https://www.ceop.police.uk/)

[**https://www.thinkuknow.co.uk/**](https://www.thinkuknow.co.uk/)

**EDUCATION:**

**CEOP – Think u know**

[**https://www.thinkuknow.co.uk/Teachers/**](https://www.thinkuknow.co.uk/Teachers/)

Keeping children safe online and protecting them from sexual abuse and exploitation CEOP's Thinkuknow program provides a range of free educational resources - films, lesson plans, presentations, practitioner guidance, games and posters - to professionals working with children and young people.

Through the use of our educational materials you can help to empower and protect young people from the harm of sexual abuse and exploitation, both online and off.

# <https://www.thinkuknow.co.uk/Teachers/Resources/>

# Resources Area - Download Resources

You can download the resources most appropriate for the young people you are working with.

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**PARENTS**

**CEOP – Think u know**

[**https://www.thinkuknow.co.uk/oldparents/**](https://www.thinkuknow.co.uk/oldparents/)

New films: Nude Selfies: What Parents and Carers Need to Know

This series of four short animated films for parents and carers offer advice on how to help keep children safe from the risks associated with the sharing of nude and nearly nude images.

They aim to empower parents and carers by helping them:

-         Understand young people’s motivations for sending nude selfies.

-         Plan to respond positively and constructively if they find out their child has shared a nude selfie.

-         Gain confidence and skills in initiating preventative conversations.

-         Identify risky behaviours or situations, and know when to seek help.

-         Know how to get help if a child is at risk after sharing an image.

**Evidence based support for parents and carers**

The films are based on research findings from the European Commission-funded SPIRTO (Self-Produced Images: Risk Taking Online) Project. This two year qualititative investigation was led by the University of Edinburgh in partnership with the University of Lingkoping (Sweden), Innocence in Danger (Germany) and the NCA CEOP Command.

Researchers in Sweden and the UK conducted detailed interviews 51 under-25 year olds who had shared a nude or nearly nude image before the age of 18. Their aim was to learn more about young people’s motivations for sharing images, what contexts they shared them in, and what happened as a result.

Click on the following links to download a preliminary report on the SPIRTO research:  
[Initial findings: summary report](http://www.spirto.health.ed.ac.uk/download/website_files/SPIRTO_Summary_20InterviewsAnalysis_FINAL.pdf) (pdf)

[Initial findings: full report](http://www.spirto.health.ed.ac.uk/download/website_files/Analysis20Interviews_FINAL.pdf) (pdf)

**Delivering Nude Selfies: What Parents and Carers Need to Know**

The Nude Selfies films are accompanied by a Guidance Pack including a session plan and essential background information to help you deliver an effective workshop for parents and carers. You can also download a customisable poster/flyer to help you promote the session.

Download the Guidance Pack, poster and films [here](https://www.thinkuknow.co.uk/Teachers/Resources/).

Parents and carers can access the films directly at [www.thinkuknow.co.uk/parents](https://www.thinkuknow.co.uk/oldparents/). Please take every opportunity to encourage all those you work with to check out the films, by promoting them on your social media channels, website, regular bulletins and newsletters, meetings, and more.

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**PROFESSIONALS**

[**https://www.thinkuknow.co.uk/Teachers/KCSO/**](https://www.thinkuknow.co.uk/Teachers/KCSO/)

**CEOP – Think u know**

# Keeping Children Safe Online (KCSO)

## e-learning for professionals

[Keeping Children Safe Online](http://www.nspcc.org.uk/kcso) (KCSO) will help you understand how children use the internet and other digital technology. It's a joint initiative between the NSPCC and the NCA's CEOP command, aimed at any organisation or professional working with children.

It will help you to think about the issues that young people face online and the challenge that you have as a professional to protect and educate them. It will help you to review the provision that you have in place whatever context you are in and signpost you to further help, support and advice.

**The KCSO modules will cover:**

* how children use the internet and technology
* the risks they face from other people - both other children and adult offenders
* behaviour by children that exposes them to greater risks online
* what to do if children experience issues such as cyber bullying or grooming
* how to make organisations safer places for children to go online through learning, downloadable resources and practical guidance
* how to conduct an e-safety audit and create an acceptable use policy for an organisation.

The course takes approximately 3 hours to complete and costs £20, with all proceeds going to the NSPCC. The e-learning modules can be completed at your convenience, so it is a time and cost-effective alternative to face-to-face training for those organisations and professionals with a need to increase their knowledge and understanding of online risks to children.

Those who complete the course and who register for access to CEOP’s Thinkuknow educational resources will be awarded Thinkuknow Trainer status, with access to full range of resources for delivery to young people and parents/carers.

**UK Safer Internet Centre**

[**http://www.saferinternet.org.uk/**](http://www.saferinternet.org.uk/)

**EDUCATION:**

[**http://www.saferinternet.org.uk/advice-and-resources/young-people**](http://www.saferinternet.org.uk/advice-and-resources/young-people)

The internet provides lots of opportunities for chatting with friends, playing games and creating your own content. To help you get the most out of the internet, we've brought together the latest information on staying safe online.

**Select your age group to find the information that you need:**

[**Are you 3-11 years old?**](http://www.saferinternet.org.uk/advice-and-resources/young-people/3-11s)

[**Are you 11-19 years old?**](http://www.saferinternet.org.uk/advice-and-resources/young-people/11-19s)

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**PARENTS**

[**http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers**](http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers)

# Parents and carers

Parents and carers play a key role in supporting children to learn about how to stay safe online, and they are one of the first people children turn to if things go wrong. We know it can be difficult to stay on top of the wide range of sites and devices that young people use, so we hope that the following advice helps.

**Four steps:**

1. Have ongoing [conversations with your children](http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/have-a-conversation) about staying safe online
2. Use [safety tools on social networks and other online services](http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/safety-tools-on-online-services), eg Facebook privacy settings
3. Decide if you want to use [parental controls on your home internet](http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parental-controls)
4. Understand devices and the parental control tools they offer in our [Parents' Guide to Technology](http://www.saferinternet.org.uk/advice-and-resources/parents-and-carers/parents-guide-to-technology)

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**PROFESSIONALS**

[**http://www.saferinternet.org.uk/advice-and-resources/teachers-and-professionals**](http://www.saferinternet.org.uk/advice-and-resources/teachers-and-professionals)

# Teachers and professionals

Educators, social workers and other professionals working with children and young people play a key role in supporting children to learn about how to stay safe online.

It is our experience that this is best achieved by embedding e-safety across the curriculum or the work of the organisation, through a framework of effective policies and routes for reporting concerns such as cyberbullying. As well as supporting young people to stay safe online, staff also need to protect their own online reputation, particularly when using social networking sites.

**NSPCC**

[**https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/child-sexual-exploitation/**](https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/child-sexual-exploitation/)

**Grooming -** [**https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/grooming/**](https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/grooming/)

when someone builds an emotional connection with a child to gain their trust for the purposes of [sexual abuse](https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/child-sexual-abuse/) or [exploitation](https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/child-sexual-exploitation/).

Children and young people can be groomed online or in the real world, by a stranger or by someone they know - for example a family member, friend or professional.

Groomers may be male or female. They could be any age. Many children and young people don't understand that they have been groomed, or that what has happened is abuse.

**NSPCC Grooming Awareness film** **(**[**https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/child-sexual-exploitation/signs-symptoms-and-effects/**](https://www.nspcc.org.uk/preventing-abuse/child-abuse-and-neglect/child-sexual-exploitation/signs-symptoms-and-effects/)**)**

**Parents Against Child Sexual Exploitation**

[**http://paceuk.info/**](http://paceuk.info/)

**Facebook Page -** [**https://www.facebook.com/paceukinfo**](https://www.facebook.com/paceukinfo)

Pace is the leading national charity working with parents and carers of sexually exploited children

Pace has a long history of working collaboratively with the police and social services and looks forward to further cooperation with more agencies.

**BARNARDO’S**

[**http://www.barnardos.org.uk/what\_we\_do/our\_work/cse-home**](http://www.barnardos.org.uk/what_we_do/our_work/cse-home)

**Facebook Page -** [**https://www.facebook.com/barnardos**](https://www.facebook.com/barnardos)

Barnardo’s has been transforming children’s lives for 150 years and, with your support, we always will. In this film, you can hear from some of the people who make our work possible, and some of the children we have helped.

**Digital Dangers:** [**http://www.barnardos.org.uk/digital-dangers**](http://www.barnardos.org.uk/digital-dangers)

Summary of 'Digital Dangers: the impact of technology on the sexual abuse and exploitation of children and young people'. **The internet and new technologies have allowed potential victims to be accessible and available to perpetrators**

Because of the nature of online activity the currently accepted indicators of possible sexual exploitation, such as going missing or school absence, may not be displayed, and **the first parents may know that their child has been a victim of sexual exploitation is when the police contact the family.**

**Spot the signs:** [**http://www.barnardos.org.uk/what\_we\_do/our\_work/sexual\_exploitation/what-is-cse/cse-spot-the-signs**](http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/what-is-cse/cse-spot-the-signs)

Sexual exploitation affects thousands of children and young people every year. By knowing the tell-tale signs, we can all play an important role in reducing that number.

Spot the Signs video for parents **(**[**http://www.bing.com/videos/search?q=barnardos+cse&&view=detail&mid=7F85AE5A2207B826DEF17F85AE5A2207B826DEF1&FORM=VRDGAR**](http://www.bing.com/videos/search?q=barnardos+cse&&view=detail&mid=7F85AE5A2207B826DEF17F85AE5A2207B826DEF1&FORM=VRDGAR) **)**

Barnardo’s leaflets for Parents **(**[**http://www.barnardos.org.uk/spot\_the\_signs\_parents.pdf**](http://www.barnardos.org.uk/spot_the_signs_parents.pdf)**)**

and Young People

**(**[**http://www.barnardos.org.uk/spot\_the\_signs\_cyp.pdf**](http://www.barnardos.org.uk/spot_the_signs_cyp.pdf)**)**

**Barnardo’s Educational App for Young People (info -** [**http://www.barnardos.org.uk/what\_we\_do/our\_work/sexual\_exploitation/wud-u-app**](http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/wud-u-app)**)**

(poster - [**http://www.barnardos.org.uk/what\_we\_do/our\_work/sexual\_exploitation/wud-u-app**](http://www.barnardos.org.uk/what_we_do/our_work/sexual_exploitation/wud-u-app)**)**

**It’s not OKAY**

[**http://www.itsnotokay.co.uk/**](http://www.itsnotokay.co.uk/)

It’s not okay for someone to manipulate you into doing sexual things for their own or someone else’s benefit. If you’re under 18, this is called child sexual exploitation and it is against the law.

* [Learn what it is](http://www.itsnotokay.co.uk/what-is-it/)
* [Spot the signs](http://www.itsnotokay.co.uk/what-is-it/spot-the-signs/)
* [Get help and report it](http://www.itsnotokay.co.uk/get-help/)
* [Support the campaign](http://www.itsnotokay.co.uk/support-the-campaign/)

This website contains information for young people, parents, carers, and professionals. Report child sexual exploitation to the police by dialing 101.

If you or a young person you care about is in immediate danger, dial 999.

**PARENTS**

[**http://www.itsnotokay.co.uk/parents/**](http://www.itsnotokay.co.uk/parents/)

## Worried about your child?

Child sexual exploitation can be hard to detect and abusers are very clever in their manipulation. Some young people won’t even be aware that it is happening to them.

It’s not always easy to know what our children are up to or if anything is bothering them, but any combination of these tell-tale signs is a strong indicator that something is wrong and you should [get help](http://www.itsnotokay.co.uk/get-help/).

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**PROFESSIONALS**

[**http://www.itsnotokay.co.uk/professionals/**](http://www.itsnotokay.co.uk/professionals/)

Leaflet for professionals, parents and carers (pdf)

Information and resources for people who work with young people or have a duty of care towards a child. If you work with or come into contact with young people, it is **your** responsibility to make sure that you:

* [Understand what child sexual exploitation is](http://www.itsnotokay.co.uk/what-is-it/)
* [Can recognise the warning signs](http://www.itsnotokay.co.uk/professionals/warning-signs-for-professionals/)
* [Know who to contact and how to report any concerns](http://www.itsnotokay.co.uk/get-help/)